



September 2022



Clara Baron– September 7
Kay Mattatall - September 21
Jean Patterson - September 22

Care Partners

Marilyn Lane– September 4
Daniel Angus– September 5
Jane Terry– September 6
Gayle Langille– September 11
Wilma Tattrie– September 17

In Memory

Lillian Sutherland - September 20th, 1926
to August 3rd, 2022
Ruth Weatherby - November 13th, 1927 to
August 20th, 2022
Lorraine Stevens - February 12th, 1935 to
August 22nd, 2022

From the Desk of Janine

It has been a fun filled summer enjoyed by many here at the lodge. Outdoor activities with water was one such event that brought laughter to both Care Partners and residents.

We have been fortunate to be able to welcome back some of our volunteers who share so much of themselves. Deb Tully is one of those volunteers who has provided great music throughout the summer while she vacations here from Ottawa Ontario.



As we enter the month of September, we look forward to having our friends visit from Tatamagouche Academy. We have missed their presence over the last two years, so the hope is we will all remain healthy, so we can make this a reality.

Please remember, as our Chief Medical Officer of Public Health Dr Strang has said “we cannot become complacent” we need to do our best to mask when in public, wash our hands and when possible stay 2 metres apart.

Enjoy the beauty fall brings....

Janine Jaconelli
Executive Director

Nurses Nook

It's hard to believe summer is winding down and fall is closing in on us. The cooler temperatures will be welcome!

We have gone through our second outbreak of COVID at Willow Lodge, which affected both residents and staff. We will have completed our "2nd booster clinic" for our residents by the time of this publication and will be preparing for our flu shot clinic coming up in the fall.

Public Health continues to communicate that COVID is not gone, and to prepare for further waves this fall, the first one most likely after school starts. Although masks are no longer mandatory in most areas, they still are here at Willow Lodge, as well as in all LTC facilities. We thank all our DCGs, family members, volunteers, and essential visitors for your compliance. It's still good practice to wear them in crowded public areas!

It has been wonderful seeing family and pets visiting this summer!

Stay well!

Jill Peterson, RN
Director of Care

Family Day

Family Day this year will take place Thursday, September 15th. In keeping with our current guidelines it will be a 2 hour music event in the park from 2pm-4pm. We welcome family, friends, and volunteers to come join in this music event with the residents and staff under the tent for a music filled afternoon. We look forward to seeing you all there!

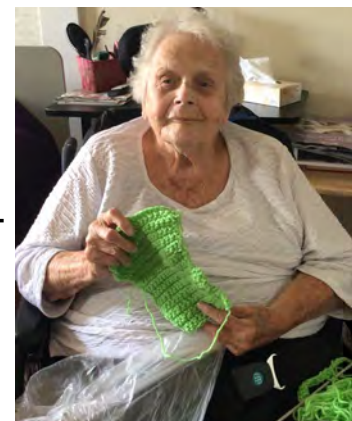
Resident News

Margaret Beeler and her family have been beaming with pride since August 5th, when Margaret's first great grandchild, Fiona Margaret Dahn was born. Congratulations and we look forward to meeting her in the coming months.



Helen Gunn also has some exciting news to share from this past month. Her great great niece, Brooke Reid, recently competed at the Canada Summer Games representing Nova Scotia in rugby. Taking fourth place against Ontario at the bronze medal match it was a close game ending at 15-20 in overtime. An excellent effort to be proud of by team Nova Scotia.

Kay Mattatall and a group of knitters from River John have also been busy. A group of 5-6 in the winter that grows during the summer months has been participating in the "Knit a Square" project. Together the group has just reached the milestone of sending over 30,000 8inch knitted/crocheted squares to South Africa, where volunteers knit the squares together to make blankets for those that need them. The group takes part in local craft sales and fiber fest to raise funds to send the parcels to South Africa. They are always happy to welcome new people to their group. Pictured is Kay with one of the completed squares that will be sent in the next parcel.



Recreation News

Back to school for the children will bring the return of class visits from the local school. Once they are all settled into the routine we will get to meet some new faces in our pre-primary class that will join us in some fun events this coming school year. Unfortunately, it also means saying goodbye to our Summer Student, Cristen. We will all miss her and hope to see her in for a visit sometime this fall. On her last day we presented her with a small gift and card from all the staff and residents, along with many well wishes for her future studies.

We will also have the return of our annual Terry Fox walk, which will take place Tuesday September 13th at 2:30pm in the park. All are welcome to come join us. If it is raining the walk will take place inside.

Another eventful month as come and gone, with a record for highest runs in baseball in this years tournament at Willow Lodge. The updated standings from this month are as follows:



	July	August	Total
Barrachois	39	42	81
Balmoral	31	56	87
Lynwood	26	45	71

With Balmoral taking the lead this month, the competition is beginning to heat up as we enter September. Good luck to each team in their next game this month and stay tuned for next months updated scores as the 2022 Willow Lodge Baseball Tournament continues.

With the heat continuing to stick around this month, staff, residents and some family took the chance to cool off with a water balloon fight in our central courtyard. When the water balloons would not pop the group got creative and squeezed the balloons to use them like water guns to get wet. Many laughs were shared and at the end all were soaking wet and smiling.

-Alicia Williamson, Director of Recreation



A Note from Cristen

Thank you for the amazing opportunity of getting to spend my summer with you all, I loved meeting each and every one of you, residents and workers. As I leave for school, I'm going to miss seeing your big smiles and laughing with you all everyday, but I'll make sure to come in for lots of visits! Take care and I will see you all again.

-Cristen♥

Recreation Summer Student

Eden Corner

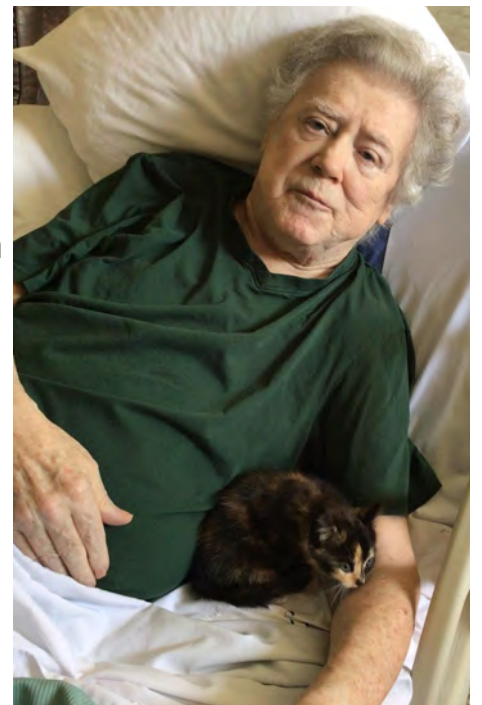
With our gardening season well under way we have been enjoying many delicious treats grown from the gardens here at the Lodge. Recently we have even had enough fresh beans from the residents gardens to be added to a meal twice for all to enjoy.

We also had a lovely surprise on August 29th, when one of the staff brought in some fresh corn from the Annapolis Valley. It did not take long for our group in the morning to husk the corn and get it to the kitchen, ready to be cooked. With lots to go around we have had a few good feeds of sweet corn both on the cob and off.



An Unexpected Visitor

A surprise visitor arrived at the Willow Lodge on August 31st. One of the staff arrived at work that morning to the unexpected surprise of one of their cat's kittens hiding under the hood of their car. A little shaken up from the drive in, the kitten was brought in to get cleaned up, looked over, and given a comfy place to calm down for the morning. In the afternoon the little one came out to say hi, stealing all the hearts of those in Lynwood House and even made a new friend for nap time. We will miss this little adventurer that returned home at the end of the day but hope they have learned not to hide in the car next time.



Operations Corner

Summer went by so quickly this year. The days are getting shorter and the temperatures a bit cooler. Farewell to that period of high humidity!

We recently had our annual inspections completed for our Fire Alarm and Sprinkler Systems. I'm happy to report that both systems are functioning as they should in the event of an emergency if needed.

We recently had some Provincial Government funding approved to do some more facility upgrades at Willow Lodge:

We will be able to complete the elevator modernization by replacing the power unit and controller for the elevator. These units are the "brains" of the elevator and basically tell it when to move, where to stop and when to open and close the doors. The elevator is used by most areas of our operations to move laundry, refuse, supplies, food, equipment and people between floors.

We will also be purchasing some new lift motors for Resident rooms. Last year we were able to purchase enough of these to provide a lift system in each room, now we are replacing some of the older units with hopes of having fewer failures moving forward.

We will also be carrying out some electrical upgrades throughout the building. Most of the breaker panels in the building will be replaced with newer, larger panels with more room for future electrical circuits in each section of the building, as necessary.

We will be able to complete the bed replacements this year as well, meaning all of

the beds in the facility will have been replaced over the last 4 years and they will all be the same model. This should reduce problems with beds and allow us to have fewer replacement parts on hand.

Congratulations to Colleen Mattatall who has accepted a permanent 50% position in our Laundry department. Colleen has worked at Willow Lodge for many years as a CCA, and more recently worked as a Casual in Environmental and Dietary Services.

Kent MacDonald
Director of
Operations

