











SEPTEMBER

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Movie in Main Lounge	2 9:00 Nail Care 10:00 1/2 hour exercise in each neighborhood 2:00 ART: in each neighborhood 3:00 Reading with Janine in Lynwood	3 2:00 Resident Council Via One-on-ones in each neighborhood	4 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in each Neighborhood 6:00 BINGO Balmoral	5 10:15 "Back to School Quiz" 1/2 hour in each neighborhood 1:00 One-on-one's 6:30 MOVIE NIGHT & SNACKS!
6 Burns Macdonald performs Hymns 	7 <u>No Exercises or Activities today</u> <u>Labor Day</u>	8 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 One-on-ones in each neighborhood	9 9:00 Nail Care 10:00 1/2 hour exercise in each neighborhood 2:00 ART: in each neighborhood 2:00 Baking Barrachois 3:00 Reading with Janine in Lynwood	10  2:00 Comedy – Barrachois 2:00 Comedy – Balmoral 2:00 BINGO - Lynwood	11 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in each Neighborhood 6:00 BINGO Balmoral	12  International Encouragement Day 10:15 Horoscope readings One-on-one's 5:00 MOVIE NIGHT & SNACKS! 
13 	14 9:00 Men's Coffee Club 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood	15 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Drive for Lynwood 2:00 Movie for Balmoral	16 9:00 Nail Care 10:00 1/2 exercise in each neighborhood 2:00 ART: in each neighborhood 3:00 Reading with Janine in Lynwood	17 2:00-3:00 Terry Fox Run (Out in the Park) for each neighborhood 2:00 Archive Presentation for <u>Kay Mattatall</u> – Lynwood 	18 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 6:00 BINGO Balmoral	19 10:15 Spelling BEE Barrachois 10:45 Spelling BEE Balmoral 11:15 Spelling BEE Lynwood 1:00 One-on-one's 6:00 Saturday Night Hoedown!
20 National Friendship Day! 	21 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 1:00 Drive for Barrachois 	22 10:00-11:00 Hand Therapy in Each neighborhood  FIRST DAY OF FALL 	23 9:00 Nail Care 2:00 ART: in Barrachois & Lynwood 2:00 Baking Balmoral 3:00 Reading with Janine in Lynwood	24 2:00 "Oktoberfest Themed Birthday Party" in each Neighborhood	25 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in each neighborhood 6:00 BINGO Balmoral	26 10:15 TRIVIA Barrachois 10:45 TRIVIA Balmoral 11:15 TRIVIA Lynwood 1:00 One-on-One 's 5:00 MOVIE NIGHT & SNACKS!
27 Burns Macdonald performs Hymns 	28 9:00 Men's Coffee Club 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood	29 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Drive for Balmoral 2:00 Baking Lynwood	30 9:00 Nail Care 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 2:00 ART: in each neighborhood Memorial Service 2020 	Resident's Birthdays Doris Langille– September 6 Joyce Dean– September 12 Pearl MacKay– September 12 Kay Mattatall– September 21 Lillian Sutherland– September 22		

BINGO

Tuesday 2:00 pm BINGO in **Barrachois** Dining Room
 Friday 6:00 pm BINGO in **Balmoral** Dining Room

