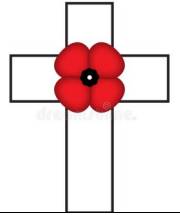




November 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00 Tongue Twisters 1:30 Bingo Lynwood 6:00 Hangman Lynwood	2 10:00 Baking Bayview 2:30 Exercise Lynwood 2:30 Bingo Barrachois 6:00 Snakes and Ladders	3 9:00 Nail Care 2:30 Resident Council 6:00 Word Game Lynwood	4 10:30 Exercise Balmoral 2:30 Music With David Tattrie 6:00 Bingo Balmoral	5 10:30 Under or Over 10 Quiz 2:30 Reading with Jane 5:00 Movie Night
6 3:30 Mennonite Youth Choir Time Change! Remember to turn your clocks back an hour.	7 10:30 Exercise Barrachois 2:15 Exercise Lynwood	8 10:00 Baking Bayview 1:30 Bingo Lynwood 6:00 Hangman Lynwood	9 10:00 Men's Coffee 2:30 Exercise Lynwood 2:30 Bingo Barrachois 6:00 Snakes and Ladders	10 9:00 Nail Care 2:30 Remembrance Day Service 6:00 Bingo Balmoral	<p>REMEMBRANCE DAY <i>Left We Forget</i></p>	12 <p>November 12 CHICKEN SOUP FOR THE SOUL DAY</p>
	14 10:30 Exercise Barrachois 2:15 Exercise Lynwood	15 10:00 Beading 1:30 Bingo Lynwood	16 10:00 Baking Bayview 2:30 Exercise Lynwood 2:30 Bingo Barrachois 6:00 Snakes and Ladders	17 9:00 Nail Care 2:30 Word Game Bayview	18 10:30 Exercise Balmoral 2:30 Bowling 6:00 Bingo Balmoral	19 10:30 True or False Quiz 2:30 Reading with Jane 5:00 Movie Night
20 2:30 United Church Choir	21 10:30 Exercise Barrachois 2:15 Exercise Lynwood	22 10:00 Beading 1:30 Bingo Lynwood 6:00 Hangman Lynwood	23 10:00 Men's Coffee 2:30 Exercise Lynwood 2:30 Bingo Barrachois 6:00 Snakes and Ladders	24 9:00 Nail Care 2:30 Birthday Party 6:00 Word Game Lynwood	25 10:30 Exercise Balmoral 2:30 Lawn Games 6:00 Bingo Balmoral	26 10:30 Who am I? Quiz 2:30 Reading with Jane 5:00 Movie Night
27 Music with James and Samual 2:00 Bayview 3:00 Lynwood	28 10:30 Exercise Barrachois 2:15 Exercise Lynwood	29 10:00 Name That Tune 1:30 Bingo Lynwood 6:00 Hangman Lynwood	30 10:00 Baking Bayview 2:30 Exercise Lynwood 2:30 Bingo Barrachois 6:00 Snakes and Ladders	<p><i>Happy Birthday</i></p> <div style="display: flex; justify-content: space-around;"> <div> Gordon Evans - November 16 Jamie MacKay - November 17 Frances Fraser - November 20 Vivian Jefferys - November 21 </div> <div> Grace Wall - November 27 David Thwaites - November 28 Delia Black - November 30 </div> </div>		