

Remembrance Day

November
2022

Willow Leaf



Lest We Forget

happy
birthday
Residents

Gordon Evans - November 16

Jamie MacKay - November 17

Frances Fraser - November 20

Vivian Jefferys - November 21

Grace Wall - November 27

David Thwaites - November 28

Delia Black - November 30

Care Partners

Cathy Rafters - November 4

Colleen Mattatall - November 9

Lori Ann MacNutt - November 13

Enid Pierce - November 21

Mary Beth Sutherland - November 24

Brittany Chapman-Veno - November
30

Pet

Willow the Cat - November 1

From the Desk of Janine

In Flanders Fields

John McCrae - 1872-1918

In Flanders fields the poppies blow
between the crosses, row on row,
that mark our place; and in the sky
the larks, still bravely singing, fly
scarce heard amid the guns below.

We are the Dead. Short days ago
we lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
the torch; be yours to hold it high.

If ye break faith with us who die
we shall not sleep, though poppies grow
In Flanders fields.

WE WILL REMEMBER THEM...WILLOW
LODGE WILL BE PLACING A WREATH
AT THE CENOTAPH ON NOVEMBER 11th

Janine Jaconeli

Executive Director

In Memory

John Leonard "Jack" McLellan

December 5, 1941 to October 6, 2022

Judith "Judy" Sarson

December 31, 1947 to October 20,
2022

Jacqueline Kazimirowich

January 13, 1937 to October 24, 2022

Helen Gunn

June 20, 1924 to October 25, 2022



Finance Office

Hello Everyone, new accommodation rates for Nov 1/22 to Oct 31/23 rates have been sent out. If you have not received this notification please contact Peggy.

Peggy Weatherby, Director of Finance

Willow Lodge News

Christmas is just around the corner and we know looking for that perfect gift can take some time. We had a little elf leave some suggestions for you. Gift ideas for your loved ones:

- 2023 Calendar with Special family dates pre-marked with family pictures
- New Clothing for Christmas
- Warm Socks
- Unscented Toiletries
- Comforters & Fleece Throws & Fleece Sheets
- Gift Certificates for the Hairdresser



Of course the best gift of all is having family

Willow Lodges

25th Annual Tree

of Love Campaign

Thursday, December 15, 2022



*For more information
please see page attached
to back of this month's*

Operations Corner

Other than Hurricane Fiona, the weather this fall has been fantastic and warmer than normal. Let's hope that this continues for a while longer and makes winter a little more bearable for us all.

We recently received the final shipment of new bed frames, and once they are assembled and moved inside all of the beds in the facility will have been replaced within the last 4 years. This should limit problems with beds malfunctioning moving forward.

Thanks to Victor Mingo Quality Construction for sending his crew to repair the hurricane damage to the backside of Lynwood roof. Several sheets of plywood and shingles blew off the roof during the storm. It has all been replaced and the roof looks as good as new.

Congratulations to Barb McCallum who recently retired from Dietary Services after many years in that role. Janet Wall has accepted the position that was vacated by Barb, and we're happy to have her in that full-time position. Janet has been with us for several months as a Casual in Dietary and Environmental Services.

Abbey Chisholm, our Dietitian, is leaving us soon. She has accepted another position in her hometown of Antigonish, and we wish her the best in her new role. We're hoping to have another Dietitian in place within the next few weeks and will make an announcement on that when complete.

Kent MacDonald
Director of
Operations



Nurses Nook

Hard to believe October is gone ! Except for cleaning up from the nasty storm, the weather for the most part was nice and warm! We are happy to report most of our Elders slept through the storm! As we were all without power for extended periods of time, we all thank the Willow Lodge Staff for their dedication to the residents they support . You are all amazing!!!

We have completed the influenza vaccines for this year, with all of our Elders over 65 years receiving the high dose flu vaccine, while the two Elders under 65 received the regular dose. The Pneumonia vaccine will be available soon for the Elders, as our Medical Advisors are requesting all vaccines recommended to LTC facilities by Public Health are administered accordingly.

COVID is still very much in and around our community, and with most of the restrictions lifted, now is the time to be super diligent. We cannot be too careful. Masks remain mandatory in Health care facilities, as well as LTC facilities.

Enjoy November! Stay healthy, stay safe!

Jill Peterson, RN
Director of Care



Eat Well, Be Well

Pumpkin Ginger Loaf

A tried and true recipe from our Willow Lodge baking group, this pumpkin ginger loaf has been a crowd favourite two years in a row. Enjoy!

Ingredients

- 3 cups sugar
- 1 cup vegetable oil
- 4 eggs
- 2/3 cup water
- 2 cups can pumpkin puree
- 2 tsp ground ginger
- 1 tsp ground nutmeg
- 1 tsp ground cinnamon
- 1 tsp ground cloves
- 3 1/2 cups flour
- 2 tsp baking soda
- 1 1/2 tsp salt
- 1 tsp baking powder

Preparation

Preheat the oven to 350°F. Lightly grease 2 9x5 inch loaf pans.

In a large mixing bowl, combine sugar, oil and eggs, beat until smooth. Add water and beat until well blended. Stir in pumpkin.

In a medium bowl, combine flour, soda, salt, baking powder, and all spices. Add dry ingredients to pumpkin mixture and blend just until all ingredients are mixed. Divide batter between prepared pans evenly. Bake until toothpick comes out clean, about 1 hour.

Willow Lodge News

October was a time of remembering at Willow Lodge. On October 21, we gathered for our memorial celebration of life service in Lynwood for residents who have passed away this last year. I would like to thank all that helped to make this a lovely service.

With Halloween, the final week of October was a busy one. Together staff and residents carved four pumpkins, one for each neighbourhood, and one to greet family and friends as they came in for a visit.

Leading up to Halloween night, we were busy bagging goodies for the trick-or-treater that stop by each year. To top it all off we had a spooky Halloween party with music by Winnie and Curtis MacKinnon. We had some truly spooktacular costumes and the winners of this years costume party are as follows: the runner up for this year was Peggy Langille as The Jester, and first place was Joy Bernier as The Clown. Congratulations to our winner and thank you all for coming out dressed-up.



Willow Lodge News

The winner of the handmade 55"x60" quilt donated by a member of the community is... Sue MacKenzie. Congratulations Sue. Thank you to all that purchased tickets for our Recreation Ticket Raffle to help us purchase items for the programs that we run here at the Willow Lodge. We were able to raise \$140 that with the approval from the resident council will go towards purchasing items for new or existing recreation programs.



Resident News

It is not very often that you get four generations together but this month we got lucky and captured the moment. Pictured below is Resident Peggy Langille with her Daughter Kelly, Granddaughter Sara, and 5 month old great-granddaughter Reese. Thank you to all for letting us capture and share such a lovely moment!



For the Fallen
Laurence Binyon

They shall grow not old,
as we that are left grow old;
Age shall not weary them,
nor years condemn.
At the going down of the sun,
And in the morning,
We will remember them.

Willow Lodge Remembrance Day Dinner Friday November 11th

Lemon Garlic Haddock
Baked/Mashed Potatoes
Spinach
Pickled Beets
Dessert
Black Forest Cake