

January 2019 Willow Leaf

Happy Birthday

Residents

Josephine Holmes - Jan 15
Doreen Langille - Jan 19
Ruth Gammon - Jan 23
Aubrey Cochrane - Jan 27

Care Partners

Donna Langille - Jan 6
Cathy Rushton - Jan 9
Kristen Horst - Jan 20
Deborah Dean - Jan 20
Morgan Langille - Jan 20
Michele Tattrie - Jan 24
Margie Trueman - Jan 28

Memoriam



Roland Cormier
October 2, 1931
to
December 8, 2018

Willard McKay
June 14, 1936
to
December 18, 2018

Welcome

New Residents

Floyd Mingo
Thelma Dunphy
Edith Retson
Merle Chisholm

Upcoming Events

January 1
New Years Day

January 21
**Music with
Special Guest
Paul Randy Mingo**
1:30pm - 3:00pm @ Willow
Lodge

*Treasure
The Smiles, Good Times
And Memories
Leave behind
The Disappointments,
Hard - Times and Enemies,
Hold onto
Faith, Hope and Beliefs,
And may your
New Year be filled with
Love, Joy and Peace!*
- Jennifer Gayle

*Happy New Year from
Everyone at Willow Lodge!
Good-bye 2018
and
Welcome 2019!*



Happy New Year!



From the Desk of Janine

As I reflect and reminisce on 2018 and all the memories that have been created, I would like to take this opportunity to thank each and every one of you who make a difference in the lives of our residents here at Willow Lodge. We have a focused team that include our families, Care Partners and Volunteers that give so freely of themselves and this is truly appreciated. My very best wishes to you and your family for a safe, happy and prosperous year!

- Janine Jaconelli
Executive Director



Eat Well, Be Well Eden Corner

Pear & Pomegranate Winter Salad



Salad:

- 1 head of radicchio
- 2.5 ounces mixed baby greens
- 2 pears, cored, quartered, and sliced into 1/2-inch chunks
- 3/4 cup toasted walnuts, roughly chopped
- 1/2 cup fresh pomegranate arils
- 3 ounces goat cheese, crumbled

Dressing:

- 2 tablespoons fig balsamic vinegar (or high - quality balsamic vinegar)
- 2 teaspoons fresh lemon juice
- 3/4 teaspoon Dijon mustard
- 2 tablespoons toasted walnut oil
- 2 tablespoon extra virgin olive oil
- 1 garlic clove
- 3 pinches of salt
- freshly ground black pepper

December was a busy month for everyone at Willow Lodge, between preparing for Christmas and getting ready to ring in the New Year. With the help of many elves, this Christmas season was filled with mischief as well as laughter.

Mischief? Yes, we said mischief. You all have probably heard of the Elf on the Shelf. They show up at the beginning of December and they're always up to no good. Well, Willow Lodge had their very own elf, Eddie on the Shelf.

Eddie Benere has been a resident here at Willow Lodge for the past five months and his personality was just perfect for a mischievous elf. Eddie wore his elf hat proudly everyday leading up to Christmas. Eddie was spotted throughout the lodge doing a number of elf like activities; nibbling on cookies, answering phones and much, much more. There was never a dull moment while Eddie on the Shelf was on duty. Care Partners and Residents all kept a close eye on Eddie, in hopes to catch him in the act and (if they were lucky) to get a photo. Eddie was so good at his job as an elf we were able to fill a bulletin board with photos of him elfin around. Eddie has since hung up his hat as, Eddie on the Shelf, but he still keeps everyone laughing on a daily basis. Eddie's family was presented with an Eddie on the Shelf Book, full of the pictures, which are displayed on the wall as a Christmas gift from Eddie and Willow Lodge. We're sure they'll treasure it for many years to come. Eddie was also featured in the local Newspaper, "The Light." We'll have to wait until next year to see if Eddie will come out of retirement and return as Eddie on the Shelf.



Pictured Above: Eddie on the Shelf bulletin board, where Eddie on the Shelf was caught in the act, elfin around.



The Volunteer Scoop

In the 4 weeks since I started at Willow Lodge, I have been astounded at the level of generosity shown by the Volunteers who tirelessly work here. As a new comer to the lodge, getting to know so many faces and learning the ropes is something I've come to enjoy, but it's not been smooth sailing! Last week I had to step in and do the meals on wheels due to illness and, I found myself delivering a meal to a house with no one home. Having previously been on a trip out with one of our volunteers I had been told that if no one is home, you can leave the meal inside! Simple! Well with no one home and the door open - in I went! But a little later I had a call from the said recipient of those meals asking where their dinner was - It's on the kitchen table I say - to which they replied: I haven't got a kitchen table! It soon transpired that I had delivered the meals to the wrong house! And so, feeling like a burglar! and still with no one home! I had to go back inside the mystery house to get the meals back! So, if you came home and found strange wet footprints on your kitchen floor, it was probably me!

- Michael Ashton; Volunteer Coordinator

Volunteers of 2018

Michael Ashton; Volunteer Coordinator

You've been so very good to us.
You've been kind in every way.
You've made us treats and helped us out,
On all our special days!

You've done our nails and banged our drums.
Sang songs and strummed guitars,
You've taken us outside when nice,
Played games and read us books.

You've played cards and so much more,
Your kindness knows no bounds.
The list of all you do goes on,
We can't thank you enough.

Beyond these walls you carry on,
Doing more than we can see.
Hot meals delivered and raising funds
Your caring heart goes on.

You never stop as we get old,
You make our lives complete!
Your kindness comes into our lives,
And touches deep within.

We can never fully thank you,
For all things you do.
But our thanks runs deep within our hearts,
For all the things you've done.

Now we'd like to Thank you,
For all you've done this year,
And to tell you're so special,
And so very, very dear.

Today we'd like to tell you
In our own special way:
We appreciate the things you've done.
More than words can say!

Thank You and Happy New Year for 2019

Nurses Nook

Reflecting back on the past year and starting fresh in 2019, I just wanted to express my gratitude for the staff in the nursing department at Willow Lodge.

We've had challenges throughout the year with staffing, as other homes in this sector have, as well.

The support for the residents, along with each other, has shown the dedication, resilience, and compassion that is something to be proud of!

Let's have a great year in 2019

-Lisa Hodder; Director of Care



Care Partner News

Willow Lodge had a wonderful Christmas float entered into the 2nd Annual Christmas Parade that took place in Tatamagouche on December 1st, 2018. A big thank you goes out to Care Partners, Melody Latta; Dietary, Margie Trueman; CCA, Margie's husband Hal Trueman and son Michael Trueman as well as her grandsons Keegan and Kayden MacAulay, Gayle Langille; RN, LoriAnne McNutt; CCA and her granddaughters, Emma and Amanda McNutt. From handing out candy to decorating, it would not have been possible without all of you.

Pictured Right: Care Partner, Gayle Langille; RN as Mrs. Clause and grandson of Margie Trueman; CCA Kayden MacAuley as Santa Clause.



Pictured Left: Shelley LeFrense, officially Retired.

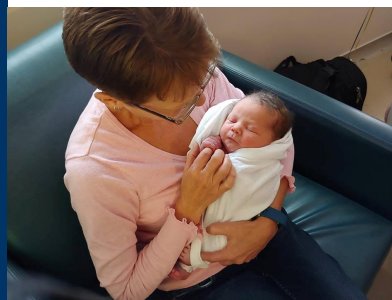
Shelley LeFrense officially retired as Volunteer Coordinator at the end of December 2018. Shelley was presented with a sash and crown that stated, "I'm retired." Shelley we wish you all the best in the New Year and in whatever the future has in store.

A thank you goes out to Care Partner; Deborah Dean; CCA who organized Santa to come visit Willow Lodge Residents as well as Care Partners' children and grandchildren. Santa stopped in on December 15th to see what everyone wanted for Christmas. Hopefully everyone got what they wished for.

This month's Let it be Known winner was Gayle Langille. Gayle was nominated for helping with the Willow Lodge Christmas float. Congrats Gayle! You made a wonderful Mrs. Clause.

Thank you to Care Partner Melody Latta; Dietary who organized a paint night. It was lots of fun!

Care Partner, Gayle Langille; RN is a proud new grandmother to a little boy, Emmett Langille. Emmett was born December 13, 2018. Congratulations to Gayle's son, Travis and his wife Kate. He is just beautiful.



Pictured Left: Proud Grandma; Gayle Langille holding her new precious bundle, Emmett.

Care Partner, Carol Benjamin; RN has not one, but two more grandsons to add to her family. Carol's daughter Jennifer had twin boys on December 12, 2018. The boys were both just over 5 lbs when they were born. Welcome to the world Toby and Levi and congratulations to the whole family, especially big brother Oliver.

Pictured Right: Carol Benjamin's beautiful grandsons. The twins (Toby and Levi) and big brother Oliver.



We also have one more baby on the way! Care Partner Kara Weatherbie; LPN and her partner Andrew Langille are expecting their first baby in January. They are expecting a baby boy. Congratulations Kara and Andrew we can't wait to see pictures. We know grandma Weatherbie, (Janice Weatherbie; Dietary) will be telling us all about you, she is so excited to meet you.

Congratulations to this year's winner Debbie Sprague; RN, of the annual Christmas gift donated by, Wendy MacLean from the Village Gift Shop in Tatamagouche. This year's gift was a beautiful gift basket, full of goodies.

Pictured Right: Debbie Sprague presented with the Christmas gift basket she won.





Resident News

Resident Doreen Langille's son Rodger and his wife Mary were in to visit from away this past month. They enjoyed their time at Willow Lodge and had a wonderful visit with Doreen and her friends, Residents Eunice Sutherland and Frances Fraser. We wish Roger and Mary a safe trip home.



Pictured Above: Residents, Doreen Langille, Eunice Sutherland and Frances Fraser. Picture taken by Mary Hallam.

All the Residents at Willow Lodge would like to thank all the Family and Friends who visited over the holidays. It really is truly the best gift of all.

Willow Lodge Residents would also like to send out a HUGE thank you to all the Care Partners who made their Christmas so special. They want all of you to know that all the little things you did, did not go unseen. From the decorating, preparations, the wonderful Christmas meals that came out of the Kitchen to Santa visiting on Christmas Day. Each and every one of you made our Christmas the best Christmas. It exceeded all of our expectations. You all went above and beyond and we thank you for that. One Resident who wishes to remain anonymous said, "if I had all the money in the world, I couldn't have bought a better Christmas."

Residents would also like to thank the Care Partners and The Tony River Fiddlers for the wonderful New Years Eve Party. It was a blast! Happy New Year to all the Care Partners and their families from the Residents of Willow Lodge.



Pictured Left: Resident; Marion Foote and Santa Clause on Christmas Morning.

Pictured Right: Some of the Care Partners who worked Christmas Day 2018 with Santa Clause. We apologize if anyone was missed.



Resident Sheila Sellers had a pleasant visit from her daughter Michele over Christmas. Michele traveled from out west to be with her mother. We know Sheila loved seeing you and we hope you had a fantastic time. Safe travels home!

The Residents would like to extend a thank you to Resident Betty MacKay's grandsons, who put on a wonderful Christmas Special on Boxing Day. Your boys are so talented. We hope we won't have to wait a year to hear you again.

Resident Marion Foote was busy making flower arrangement center pieces this month for the table at Christmas. Marion you haven't lost your touch, the center pieces were absolutely beautiful.

Pictured Right: Resident Marion Foote making Christmas center pieces.



On January 21st, Resident Floyd Mingo's son; Paul Randy Mingo will be coming to Willow Lodge to entertain us with live music from 1:30pm - 3:00pm. Paul Randy Mingo is a well known musician in the Tatamagouche area.



Willow Lodge News

Willow Lodge would like to extend a thank you to everyone who came to our 21st Annual Tree of Love Ceremony. It was so lovely to see you all.

Pictured Right: Our 21st Annual Tree of Love. Christmas 2018.



Over the last month the residents were busy baking up a storm; shortbread cookies, cherry balls, peanut butter balls and that's just to name a few. All the baking filled the lodge with wonderful aromas. Many Residents said, it reminded them of being home in the kitchen over the holidays. The Residents of Willow Lodge got to enjoy the bounty of goodies, with lots of "yummy," "oh that was tasty," and "may I have another," follow after they tasted the treats.



Pictured Left: Resident Doris Creighton decorating the sugar cookies made by fellow residents.



Pictured Above: A group of Residents making shortbread and sugar cookies.

This past month we had many visitors come to Willow Lodge. The Residents as well as the Care Partners always enjoy the visits from the youth in the community, as they never fail to bring a smile to everyone's face. Well, we had the Nursery School, Grade Fives and Grade Sixes from Tatamagouche come to visit in December. It was great fun having them all here. The Nursery School came in with a bundle of energy as they always do, but this time they were full of the Christmas spirit. Each one of the Nursery School participants shared with the Residents what they wanted from Santa for Christmas, sang some carols and made special Christmas ornaments which they distributed to the Residents.

Next were the Grade Fives, they all came ready to make a Christmas craft with the Residents. The Grade Fives all gathered in different areas of the lodge where they assisted the Residents in making reindeer. There was laughter heard all throughout the lodge that day as there were stories shared from Resident to student and student to Resident. We can't wait to see what this month has in store!



Pictured Left: A group of the grade 5 students and Residents from Lynwood making reindeer.

Last, but certainly not least was the Grade Six's. The Grade Sixes came in November for the Remembrance Day Service and enjoyed it so much that they asked to come visit again. Of course we did not hesitate to have them back. So, with Christmas cards and crafts that they made in hand, they came singing and yes they were literally signing, beautifully at that. Christmas carols rang through the halls, it was "Awesome," as Resident Frankie Muir said. We hope to see the Grade Sixes again in February for a special Valentine's Craft.



Pictured Right: A group of the Grade Six class singing Christmas Carols to the residents.