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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30 Exercise Balmoral One-on-ones 2:15 Exercise Lynwood	2 9:00 Men's CoffeeClub 10:00-11:00 Hand Therapy 10:00 Exercise Barrachois 2:00 BINGO Barrachois 2:00 Snakes & Ladders Balmoral 2:15 Fill in the Blank Lynwood Ground Hog Day	3 9:00 Nail Care 11:00 Exercise Lynwood 2:15 ART 2:15 Exercise Balmoral 3:00 Reading with Janine-Lynwood	* Reply to Pen Pals *  10:00 Exercise Barrachois 2:00 Resident Council: one-on-one in each neighborhood	5 9:30-11:15 Share a Laugh 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:15 Reading for Neighborhoods 6:00 BINGO Balmoral	6 10:15 Checkers in each neighborhood 1:00 One-on-one's 6:00 Saturday Night Hoedown!
7 Burns Macdonald performs Hymns	8 Baking Bread– Balmoral 10:30 Exercise Balmoral One-on-ones 2:15 Exercise Lynwood	9 10:00-11:00 Hand Therapy 10:00 Exercise Barrachois 2:00 BINGO Barrachois 2:00 Make a Collage Balmoral 2:15 Family Feud Lynwood	9:00 Nail Care 11:00 Exercise Lynwoou 2:15 Valentine's Art & Baking 2:15 Exercise Balmoral 3:00 Reading with Janine-Lynwood	11 9:30-11:15 Morning Music Therapy (1on1) 10:00 Exercise Barrachois 2:15 Valentines Tea Party in each neighborhood *Chinese New Year*	12 9:30-11:15 Share a Laugh 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:15 Reading for Neighborhoods 6:00 BINGO Balmoral	13 10:15 Name 3 Things Barrachois 10:45 Horoscopes Balmoral 11:30 Horoscopes Lynwood 5:00 Valentine Movie
Happy 🔊 Valentine's Day	15 Baking Bread– Barrchois 10:30 Exercise Balmoral One-on-ones 2:15 Exercise Lynwood	16 9:00 Men's Coffee Club 10:00-11:00 Hand Therapy 10:00 Exercise Barrachois 2:00 BINGO Barrachois 2:00 Karaoke Balmoral 2:15 Name that smell Lynwood	17 9:00 Nail Care 11:00 Exercise Lynwood 2:15 ART 2:15 Exercise Balmoral 3:00 Reading with Janine-Lynwood Pancake Supper!	18 9:30-11:15 Morning Music Therapy ( 1on1) 10:00 Exercise Barrachois 2:00 Snakes & Ladders Barrachois 2:00 Baking Balmoral 2:15 BINGO Lynwood	19 9:30-11:15 Share a Laugh 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:15 Reading for neighborhoods 6:00 BINGO Balmoral	20 10:15 Tongue Twisters each neighborhood neighborhood  1:00 One-on-one's 6:00 Saturday Night Hoedown!
Burns Macdonald performs Hymns	22 Baking Bread – Lynwood 10:30 Exercise Balmoral One-on-ones 2:15 Exercise Lynwood	23 10:00-11:00 Hand Therapy 10:00 Exercise Barrachois 2:00 BINGO Barrachois 2:00 Name 3 Things Balmoral 2:15 Guessing Game Lynwood	9:00 Nail Care 11:00 Exercise Lynwoou 2:15 Baking in Lynwood 2:15 Science Experiment Barrachois 2:15 Exercise Balmoral 3:00 Reading with Janine-Lynwood	25 9:30-11:15  Morning Music Therapy (10n1) 10:00 Exercise Barrachois  2:15  Birthday Party in Each Neighborhood	26 9:30-11:15 Share a Laugh 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:15 Reading for neighborhoods 6:00 BINGO Balmoral	27 10:15 Hand Massages In each neighborhood 5:00 MOVIE NIGHT & SNACKS!
FEBRUARY! 28 AAUGH!	10:30 Exercise Balmoral One-on-ones 2:15 Exercise Lynwood	2 9:00 Men's Coffee Club 10:00-11:00 Hand Therapy 10:00 Exercise Barrachois 2:00 BINGO Barrachois 2:00 "Little House on the Prairie" Balmoral Theatre	3 9:00 Nail Care 11:00 Exercise Lynwood 2:15 Science Experiments 3:00 Reading with Janine-Lynwood	Mar Mar	Residents  ora Tupper - Feb.8  ion Foote - Feb.12  aine Stevens - Feb.12	

Tuesday 2:00 pm BINGO in Barrachois Dining Room Friday 6:00 pm BINGO in Balmoral Dining Room

2:15 Hand Massages Lynwood

## **Care Partners**

Carol Lavoie –Benjamin–Feb. 3 Jay Mitton– Feb. 19 Barb Newcomb- Feb.12

Darlene Holt– Feb. 24 Barb Marchbank- Feb. 27