August 2020

11:00 Exercise Lynwood

until Fall.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Resident Birthdo Valerie Nicoll- August 1 Betty McKay— August 2 Frank Muir— August 5 Arlene Smith— August 9	Alice Bonnymon– Aug Eileen Langille– Augus Hazel Ponte– August 1	rust 12 Russell Reid– August 12	Amanda Re Johnathan D	rtners Birthdays es- August 1 Downing- August 4 - August 22	HAPPY BEE-DAY	1 10:15 "Harvesting" Quiz: 1/2 hou in each neighborhood 1:00 One-on-one's 6:30 MOVIE NIGHT& SNACKS!
National Ice Cream Sandwich Day!	No Exercises or Activities today CIVIC Holiday	10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Walk in the Park Balmoral 2:00 Spiritual Circle Lynwood	5 9:00 Nail Care 10:00 1/2 hour exercise in each neighborhood 2:00 ART: 45 minutes in each neighborhood 2:00 Baking Barrachois 3:00 Reading with Janine in Lynwood	6 2:00 Resident Council via One-on-ones in each neighborhood	7 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in each Neighborhood 6:00 BINGO Balmoral	8 World Indigenous Day 10:15 Name that tune Barrachois 10:45 Name that tune Balmoral 11:15 Name that tune Lynwood 1:00 One-on-one's 5:00 MOVIE NIGHT & SNACKS!
Burns Macdonald performs Hymns	9:00 Men's Coffee Club 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood	11 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Laundry day Balmoral 2:15 Walk in the Park Lynwood	12 9:00 Nail Care 10:00 1/2 exercise in each neighborhood 2:00 ART: 45 minutes each neighborhood 3:00 Reading with Janine in Lynwood	2:00 "Hangman " Barrachois 2:00 Tongue Twisters Balmoral 2:15 Tongue Twisters Lynwood	14 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:30 –3:00 Reading in each neighborhood 6:00 BINGO Balmoral	15 National Honey BEE Awareness Day! 10:15 Spelling BEE Barrachois 10:45 Spelling BEE Balmoral 11:15 Spelling BEE Lynwood 1:00 One-on-one's 6:00 Saturday Night Hoedown!
National Tell A Joke Day!	17 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 2:15 Name that smell Lynwood	18 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Chair Yoga Balmoral 2:00 Hangman Lynwood FULL MOON	19 9:00 Nail Care 2:00 ART: 45 minutes each neighborhood 2:00 Baking Balmoral 3:00 Reading with Janine in Lynwood 2:00 Baking Balmoral	2:00 End of Summer Party in each neighborhood 2:00 Birthday Party in each Neighborhood	21 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in each neighborhood 6:00 BINGO Balmoral	10:15 TRIVIA Barrachois 10:45 TRIVIA Balmoral 11:15 TRIVIA Lynwood 1:00 One-on-One 's 5:00 MOVIE NIGHT & SNACKS!
Burns Macdonald performs Hymns 30 Fun Fact:	9:00 Men's Coffee Club 10:00.Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 31 10:00.Exercise Barrachois	25 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Visit Farm Animals Balmoral 2:00 Baking Lynwood	26 9:00 Nail Care 10:00.Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 2:00 ART: 45 minutes each neighborhood 3:00 Reading with Janine in Lynwood	2:00 Name that smell Barrachois 2:00 Name that smell Balmoral 2:00 BINGO Lynwood	28 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in each neighborhood 6:00 BINGO Balmoral	29 10:15 Tongue Twisters Barrachois 10:45 Tongue Twisters Balmoral 11:15 Tongue Twisters Lynwood 1:00 One-on-One 's 5:00 MOVIE NIGHT & SNACKS!

Friday 6:00 pm BINGO in Balmoral Dining Room