

July 2020 HAPPY CANADA DAY



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		<p><i>the TRUE NORTH STRONG AND FREE</i> <i>God keep our land glorious and free!</i></p>			2 2:00 Resident Council via One-on-ones in each neighborhood	3 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in each Neighborhood 6:00 BINGO Balmoral	4 10:15 Canadian Symbols Quiz: 1/2 hour in each neighborhood 1:00 One-on-one's 6:30 MOVIE NIGHT & SNACKS!
5 <u>National Fried Chicken Day</u> 	6 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood	7 1000-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Trivia Balmoral 2:00 Chair Yoga Lynwood	8 9:00 Nail Care 10:00.Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 2:00 ART : 45 minutes each neighborhood 2:00 Baking Barrachois	9 2:00 "High Tea" in each neighborhood (ladies bring your facinators & Men always welcome!)	10 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in Balmoral & Lynwood 2:00 Bowling Barrachois 6:00 BINGO Balmoral	11 10:15 Name that tune Barrachois 10:45 Name that tune Balmoral 11:15 Name that tune Lynwood 1:00 One-on-one's 6:30 MOVIE NIGHT & SNACKS!	
12 Burns Macdonald performs Hymns	13 9:00 Men's Coffee Club 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 2:00 Baseball for Lynwood	14 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Bowling Balmoral	15 9:00 Nail Care 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 2:00 ART : 45 minutes each neighborhood	16 2:00 Ice Cream Social Barrachois 2:00 Ice Cream Social Balmoral 2:15 Ice Cream Social Lynwood	17 10:00 One-on-one visits 2:30 -3:00 Reading in each neighborhood 6:00 BINGO Balmoral	18 10:15 Spelling BEE Barrachois 10:45 Spelling BEE Balmoral 11:15 Spelling BEE Lynwood 1:00 One-on-one's 6:30 Saturday Night Hoedown	
19 <u>National Ice Cream Day</u> 	20 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 2:00 Baseball for Barrachois	21 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Chair Yoga Balmoral 2:00 Musical Hangman Lynwood	22 9:00 Nail Care 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 2:00 ART : 45 minutes each neighborhood	23 2:00 Musical Hangman Balmoral 2:00 Chair Yoga Barrachois 2:00 Card game 45's Lynwood	24 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:30 Show & Tell Barrachois 2:00-3:00 Reading in Balmoral & Lynwood 6:00 BINGO Balmoral	25 10:15 TRIVIA Barrachois 10:45 TRIVIA Balmoral 11:15 TRIVIA Lynwood 1:00 One-on-One 's 6:30 MOVIE NIGHT & SNACKS!	
26 Burns Macdonald performs Hymns	27 9:00 Men's Coffee Club 10:00.Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 2:00 Baseball for Balmoral	28 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Visit Farm Animals Balmoral 2:00 Baking Lynwood	29 9:00 Nail Care 10:00.Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 2:00 ART : 45 minutes each neighborhood	30 2:00 Baking Balmoral 2:00 Birthday Party in each Neighborhood	31 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in each neighborhood 6:00 BINGO Balmoral	<p>Residents July 8- Margaret Bates July 11- Cassie Cameron Pets July 10- Marilyn The Rabbitt</p>	

Tuesday 2:00 pm BINGO in Barrachois Dining Room
Friday - 6:00 pm BINGO in Balmoral Dining Room

