






# November 2021



SUN	MON	TUE	WED	THU	FRI	SAT	
	<b>1</b> 10:30 Exercise Balmoral 2:15 Exercise Lynwood	<b>2</b> 10:00 Exercise Barrachois 10:00 One-on-ones 11:00 One-on-ones Lynwood 2:30 Baking Bayview	<b>3</b> 11:00 Exercise Lynwood 1:30 Crafts Lynwood 2:00 Cards 2:15 Exercise Balmoral 6:00 Bingo Barrachois	<b>4</b> 10:00 Remembrance Day Craft 11:00 Remembrance Day Craft Lynwood 1:30 Bingo Lynwood 6:00 Snakes and Ladders	<b>5</b> 9:00 Nail Care 2:00 Bowling Bayview 6:00 Bingo Balmoral	<b>6</b> 9:30 Name that tune Main Lounge 10:45 Name that tune Lynwood 1:30-4:00 One-on-one visits and video calls 5-6 Movie/Hoedown	
<b>7</b> 3:30 Mennonite Worship	<b>8</b> 10:30 Exercise Balmoral 2:15 Exercise Lynwood <b>International Tongue Twister Day!</b>	<b>9</b> 10:00 Exercise Barrachois 10:00 War Stories 11:00 War Stories Lynwood 2:30 Musik Makers	<b>10</b> <b>10:30 Remembrance Day Service</b> 1:30 Bingo Lynwood 2:00 Cards 2:15 Exercise Balmoral 6:00 Bingo Barrachois	<b>11</b> Remembrance Day 	<b>12</b> 9:00 Nail Care 2:00 Bingo Balmoral <b>Chicken Soup for the Soul Day!</b>	<b>13</b> 9:30 Snakes and Ladders Main Lounge 10:45 Snakes and Ladders Lynwood 1:30-4:00 One-on-one visits and video calls 5-6 Movie/ Hoedown	
<b>14</b> National Family Pajama day 	<b>15</b> 10:30 Exercise Balmoral 2:15 Exercise Lynwood 2:30 Bill Butt	<b>16</b> 10:00 Exercise Barrachois 10:00 Spiritual Circle 11:00 Spiritual Circle Lynwood 2:30 Baking Bayview	<b>17</b> 11:00 Exercise Lynwood 1:30 Crafts Lynwood 2:00 Cards 2:15 Exercise Balmoral 6:00 Bingo Barrachois	<b>18</b> 10:00 Karaoke Main Lounge 11:00 Karaoke Lynwood 1:30 Bingo Lynwood 6:00 Snakes and Ladders	<b>19</b> 9:00 Nail Care 2:00 Bowling Bayview 6:00 Bingo Balmoral <b>International Men's Day!</b>	<b>20</b> 9:30 TV Trivia Main Lounge 10:45 TV Trivia Lynwood 1:30-4:00 One-on-one visits and video calls 5-6 Movie/ Hoedown	
<b>21</b> 2:00 United Church Services	<b>22</b> 10:30 Exercise Balmoral 2:15 Exercise Lynwood	<b>23</b> 10:00 Exercise Barrachois 10:00 Cozy Drink Social 11:00 Cozy Drink Social Lynwood 2:30 Baking Bayview	<b>24</b> 11:00 Exercise Lynwood 1:30 Crafts Lynwood 2:00 Cards 2:15 Exercise Balmoral 6:00 Bingo Barrachois	<b>25</b> 10:00 Advent Calendars 11:00 Advent Calendars Lynwood 1:30 Bingo Lynwood 2:30 Birthday Party 6:00 Snakes and Ladders	<b>26</b> 9:00 Nail Care 2:00 Bowling Bayview 6:00 Bingo Balmoral	<b>27</b> 9:30 Who am I? Main Lounge 10:45 Who am I? Lynwood 1:30-4:00 One-on-one visits and video calls 5-6 Movie/ Hoedown	
<b>28</b> National French Toast Day Advent Begins Hanukkah Begins	<b>29</b> 10:30 Exercise Balmoral 2:15 Exercise Lynwood	<b>30</b> 10:00 Exercise Barrachois 10:00 Christmas Carols 11:00 Christmas Carols Lynwood 2:30 Baking Bayview				Willow the Cat November 1 Sheila Morrison November 12 Ruth Weatherby November 13 Gordon Evans November 16 Frances Fraser November 20 Vivian Jeffreys November 21 Deila Black November 30	