




















NOVEMBER 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1  Turn Clocks Back 1 Hour	2 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 	3 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Bowling Balmoral 2:00 Card Party in Lynwood	4 9:00 Nail Care 10:00 Exercise each neighborhood 2:00 ART 3:00 Reading with Janine-Lynwood	5 9:00 Hand Messages Barrachois 2:00 Resident Council Via One-on-ones in each neighborhood	6 2:00-3:00 Reading in each Neighborhood 6:00 BINGO Balmoral	7 National "Book Lovers "Day 10:00 Reading  1:00 One-on-one's 6:30 MOVIE NIGHT & SNACKS!	
8 World Pianist Day Burns Macdonald performs Hymns 	9 Baking Bread– Barrachois 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 1:30 Drive for Lynwood	10 9:00 Men's Coffee Club 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Crokinole Lynwood 2:00 Movie in Theatre– Balmoral	11 Remembrance Day 9:00 Nail Care 10:00 Exercise each neighborhood 10:30 Moment of Silence in each neighborhood 2:00 ART 3:00 Reading with Janine-Lynwood 	12  2:00 Baking Barrachois 2:00 Hand Massages Balmoral 2:00 BINGO in Lynwood	13 World Kindness Day 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in each Neighborhood 6:00 BINGO Balmoral	14  10:15 Tongue Twisters in each neighborhood 5:00 MOVIE NIGHT & SNACKS!	
15 National Clean Out Your Fridge Day 	16 Baking Bread– Balmoral 10:00 Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 1:30 Drive for Barrachois	17 World Peace Day 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Sensory Stimulation Balmoral 2:00 Hand Massages Lynwood 	18 9:00 Nail Care 10:00 Exercise each neighborhood 2:00 ART 3:00 Reading with Janine-Lynwood Mickey Mouse's Birthday! 	19  2:00 Movie in Theatre & Sensory Stimulation- Barrachois 2:00 Baking Balmoral 2:00 Spiritual Circle Lynwood	20 International Children's Day 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:30 –3:00 Reading in each neighborhood 6:00 BINGO Balmoral	21  10:15 Spelling BEE Barrachois 10:45 Spelling BEE Balmoral 11:15 Spelling BEE Lynwood 1:00 One-on-one's 6:00 Saturday Night Hoedown!	
22 29 days left 'till Winter 	23 Baking Bread- Lynwood 10:00.Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood 1:30 Drive Balmoral	24 9:00 Men's Coffee Club 10:00-11:00 Hand Therapy in Each neighborhood 2:00 BINGO Barrachois 2:00 Puzzles/Wii in Balmoral! 2:00 Guessing Game Lynwood	25 9:00 Nail Care 10:00 Exercise each neighborhood 2:00 ART 3:00 Reading with Janine-Lynwood 	26 2:00 Birthday Party in Each Neighborhood! 	27 10:00 Drumming Barrachois 10:45 Drumming Balmoral 11:30 Drumming Lynwood 2:00-3:00 Reading in each neighborhood 6:00 BINGO Balmoral	28 10:15 TRIVIA Barrachois 10:45 TRIVIA Balmoral 11:15 TRIVIA Lynwood 1:00 One-on-One 's 5:00 MOVIE NIGHT & SNACKS!	
29 Advent Begins Burns Macdonald performs Hymns 	30 10:00.Exercise Barrachois 10:30 Exercise Balmoral 11:00 Exercise Lynwood  Full "Beaver" Moon (The Old Farmer's Almanac)	Residents Connie Langille- Nov. 1 Irving Kitson- Nov. 11 Sheila Morrison- Nov. 12 Ruth Weatherby- Nov. 13 Gordon Evans- Nov. 16 Jackie MacLeod- Nov. 16 Frances Fraser- Nov. 20 Willow the Cat- Nov. 1		Care Partners Cathy Rafters- Nov. 1 Vicki Kendall- Nov. 2 Lynn Caruthers- Nov. 5 Colleen Mattatal- Nov. 9 Lorie-Anne MacNutt- Nov. 13 Sharon Fraser- Nov. 15 Enid Pierce- Nov. 21		 Topaz & Citrine November Birthstone Month	 HAPPY NOVEMBER BIRTHDAYS!!! Chelsea Feix- Nov. 24 Mary-Beth Sutherland- Nov. 24 Brittany Chapman-Veno- Nov. 30