

Happy
Fathers
Day

JUNE
2022

From the Desk of Janine

We are entering the month of June. It is a month of celebration for us here at the lodge as we welcome back families, friends, and volunteers. We have also seen a number of four-legged friends, who have brought smiles and cheer to all of us here.



On June 22nd, we will be celebrating Long Term Care Proud. This is an annual campaign of recognition for the care partners in Long Term Care and the work they do. The Nursing Home Association of Nova Scotia sees this as an opportunity to offset the negative media attention on Long Term care homes and refocus on the dedicated workers and valued services provided by homes. We can all join in to celebrate the great work being done across our province of Nova Scotia in Long Term Care.

Stay Well, Stay Safe!

Janine Jacconelli, Executive Director

Queen Elizabeth's Platinum Jubilee Celebration

With the Queen celebrating her 70th year in her reign as Monarch, the Willow Lodge has decided to join in on the festivities. We will be having a Jubilee Tea, Royal Trivia, and a viewing party for the CBC documentary 'The Queen and Canada' that will air June 4th. All of our Royal fans are welcome to come together to celebrate this major milestone.



Residents

Donna Durant—June 3

Colin Douglas—June 6

Helen Gunn—June 20

Dale Pratt—June 26

Ross MacDonald—June 26

Mary Beckett—June 30

Care Partners

Cathy Darragh - June 10

Marlene Tattrie - June 14

Colleen Tulloch - June 15

Pat McMillan - June 21

Amy Patriquin - June 30



Nurses Nook

We were fortunate to be able to open to our Designated Care Givers on May 8, 2022, one day earlier than the official end of the outbreak. This certainly made Mother's Day enjoyable for everyone! A huge thanks to Public Health for allowing this to happen.

On May 17, 2022, we gave the fourth COVID booster to those Elders who were eligible, and the rest will receive theirs according to the date they received their first booster. There were no adverse reactions.

We currently have no residents or staff isolating due to COVID, so hopefully we will remain free of it! It is definitely not over, and we must continue our vigilance to keep everyone safe. Hopefully in the coming weeks, we may be able to loosen some of the restrictions currently in place. Masks, however, are here for the duration.

We recently had NSCC student CCA Angelina Gouchie complete her clinical placement, mentored by Randi Munro, CCA. She has since joined our team as a CCA. Welcome to the team and congratulations Angelina on your upcoming graduation in June, and a big thanks to Randi... again!

We also have two staff who have enrolled in the CCA program, Jessie Brophy and Kristen Horst. They will be starting their program in September, and we wish them the best in their studies.

Jill Peterson, RN
Director of Care.

Eat Well, Be Well

Here is a brownie recipe I made for a BBQ with friends last week. The brownies were perfect to make dessert skewers, which were a huge hit! I hope you enjoy.

Ingredients:

½ cup unsalted butter (melted)

¾ cup granulated sugar

½ cup brown sugar (packed)

2 eggs

1 tbsp vanilla extract

¾ cup all-purpose flour (or substitute a 1:1 gluten free flour)

½ cup cocoa powder

½ tsp baking soda

½ tsp salt



Method:

1. Preheat oven to 350 degrees. Spray an 8x8 pan with cooking spray.
2. In a large bowl, add melted butter, vanilla, and both sugars and mix until fully combined.
3. Add in eggs and combine.
4. In a separate bowl, combine flour, cocoa, baking soda and salt. Whisk together.
5. Add the flour mixture to the wet ingredients and mix until it is fully combined and smooth.
6. Pour brownie mixture into the baking pan and bake for 30-35 minutes, or until fully cooked.
7. Remove brownies from pan and allow to cool completely before cutting.

Optional, but delicious: Cut brownies into bite sized squares and add to a skewer with marshmallows and strawberries.

Recipe sourced from: <https://www.mamaknowsglutenfree.com/easy-gluten-free-brownies/>

Operations Corner

May has been quite dry so far, we need some rain. Rain brings those dreaded mosquitoes. Speaking of mosquitoes, we recently had the park garlic sprayed to cut down on their numbers so that the park would be a more enjoyable space for you all. This will be done monthly for the next while to control the population of mosquitoes and ticks. The garlic spray is totally environmentally-friendly, but not necessarily nose-friendly.

Wendy Marshall has returned to work on our garden areas around Willow Lodge, you may have seen her already. She did a great job last summer and we're pleased to see her return.

Frances Sutherland recently retired from her position in Environmental Services. This created a full-time position for Lisa Terry who has been with us just over a year in a Casual position. Congratulations, Lisa, and keep up the great work!

We've applied for a few Capital Projects, and are still waiting on approval on these. They include some electrical upgrades, bed replacements, a new bathing system, some more lift motors and a sterilizer unit for Lynwood. I will keep you informed when we receive approval to move forward on these.

We are also doing some more roofing replacement set to start in the coming weeks. The back side of Balmoral and all of Lynwood will be re-shingled, and when complete most of the roof will have been replaced in the last 3 years.

Kent MacDonald
Director of Operations

Finance Office

A reminder to those in charge or a resident's finance to file their income tax for 2021 as soon as possible, if you have not already done so. If you require a letter for tax purposes from Willow Lodge, please contact Peggy.

Willow Lodge

Father's Day Menu

Sunday June 19th

Breakfast

Steak and eggs

Dinner

Roast Beef

Mashed Potatoes

Turnips and Peas

Dessert: Apple Pie

Supper

Lobster Chowder

with a Homemade Bun
and more



Thank you to Molly Smith, who has generously donated the lobster for all of us to enjoy on Father's Day.

Happy Father's Day

Happy Father's Day to all of our fathers at the Willow Lodge.

What is a Dad?

A dad is someone who
Wants to catch you before you fall
But instead picks you up,
Brushes you off,
And lest you try again.

A dad is someone who
Wants to keep you from making mistakes
But instead lest you find your own way,
Even though his heart breaks in silence
When you get hurt.

A dad is someone who
Holds you when you cry,
Scolds you when you break the rules,
Shines with pride when you succeed,
And has faith in you even when you fail.

-Unknown



Recreation News

Welcome back to all our families, friends and volunteers. We have missed you dearly and are happy to have you back in the building with us.

I am also happy to announce that the Winter Carnival will make its return as a Summer Carnival this month. We will kick off summer with a week long event. There have been some changes made to the themes for the day and the programming so that we might enjoy this warm weather that we are having. We also welcome visitors and volunteers to come in dressed up in the day's theme if they so choose during the week of June 20th to 24th.

Themes for each day

Monday June 20—Mismatch Day

Tuesday June 21—Hawaiian Day

Wednesday June 22—Christmas in June

Thursday June 23—Sport/Hat Day

Friday June 24—Pajama Day

Check the calendar for the special programming for each day that week. Staff are welcome to join in on the fun and some extra events have been planned for staff to join in on.

Voting for the King and Queen of the Carnival will take place Thursday. Votes will be tallied Friday morning and the King and Queen will be crowned in the afternoon.



Resident News

Betty and Jamie MacKay have some exciting news to share with us about one of their two grandsons, James and Samuel featured on the right.



This year at the New Glasgow Music Festival James was awarded the Llaina Donkin Memorial Scholarship and was selected by the adjudicator to move forward to the National Music Festival in the Junior level this month. Congratulations and good luck James, we look forward to hearing both of you play the piano for us again soon.

The residents of Lynwood are currently doing a ticket raffle 'Fundraiser for Willow Park Project'. They are selling tickets for a Childs Cozy Crib Quilt—Nighty Night (40"x 60"). Pictured below, it is hand embroidered, quilted, and donated by one of the residents. Tickets are \$2.00 each or 3 for \$5.00, and can be bought from staff/residents in Lynwood or from the Director of Recreation, Alicia Williamson. All money collected from the sale of the tickets will go towards purchasing lawn decorations and other items for the park. The draw will take place on July 15th, 2022.



Colin has a huge milestone coming up this month. On June 6th, Colin will be 100 years old. A Happy Birthday to you Colin, from all of us at the Willow Lodge. Colin's Family and Friends sent along a message with the photos: "Wishing you a very happy 100th Birthday Colin! Love your Family and Friends".



Willow's Trip to the Groomer

The lovely Willow the cat had a trip to the groomer in May to get a new hair-do. Willow had some matts removed and his coat evened out for the summer. Thank you to Karen MacNeill for taking Willow to and from his appointment. While he might not have been a happy camper when it was done, I am sure he is happy to have the matts gone.



Care Partner News

We have some sad news from one of our care partners. Sandy Wesley's sister-in-law passed away May 26th. Our condolences go out to her and her family during this time.

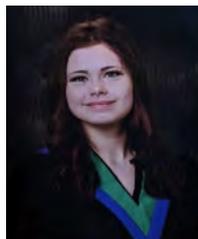
Juanita Forbes has some exciting news to share with everyone. Her son Frankie and his girlfriend Danika eloped May 14th in Banff, Alberta. They choose to have only their two dogs, Bentley and Bambi, present and had strangers sign their marriage certificate as witnesses. Mom is very proud and looks forward celebrating with them this summer when she visits.

Congratulations to the happy couple.



This year we also have a number of care partners celebrating graduations in their family.

Colleen Mattatall's granddaughter Casey Thompson-Swan is graduating from Tatamagouche Regional Academy this month.



Randi Munro's daughter Maddy Lepper is graduating from Grade 12 and will be taking Business at NSCC this fall.

Trish R.'s son Bruce is graduating from Northumberland Regional High School.

Tammy Matheson is celebrating two graduations this month. Her son Hayden Matheson is graduating from NSCC Pictou and son Hunter Matheson is graduating from Tatamagouche Regional Academy.

Erin Emslie's son Leam MacKwan is graduating from NSCC Akerley campus.

Jolene Tattie-Mardian's son Colton graduated from the Correctional Service of Canada program this past month and has begun work as a guard within the Federal Prison system.

Lastly, congratulations to Ella Jollymore, who joined us as a nursing student last summer, as she graduates from Queens University with a BSc in nursing.



Congratulations to all the graduates this year from all of us at the Willow Lodge. Best wishes to all of you in your future endeavors.

Walk for Alzheimer's at Willow Lodge

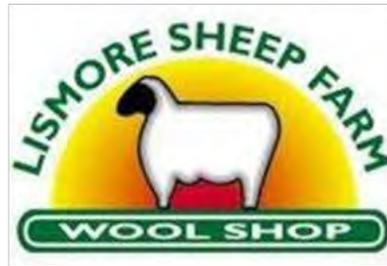
This year we raised \$525 with our BBQ fundraiser alone. Thank you to everyone that supported the BBQ and to families that fundraised in support of our team. The official total will be shared in the next addition of the Willow Leaf once all fundraising from families is gathered. For those that have not dropped off their donations please have them to Alicia Williamson, Director of Recreation, by June 9th. All cheques should be made out to the Nova Scotia Alzheimer's Society. Thank you all for your support!

Spring Cleaning

It is time again to clean inside and out after the long winter months. As we continue with our spring cleaning here at the lodge, we ask if families could help clean some of the clutter in their loved ones room while they are visiting. If possible to pack up the winter clothes and/or clear out clothes that do not fit to make room for the summer clothes.

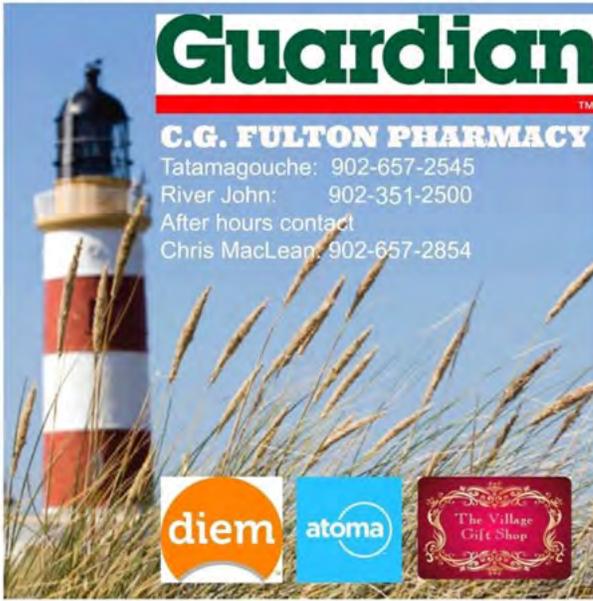
Thank you for your help.





Charlotte's Flowers
Tatamagouche

Guardian
C.G. FULTON PHARMACY
 Tatamagouche: 902-657-2545
 River John: 902-351-2500
 After hours contact
 Chris MacLean: 902-657-2854



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