



# July 2022

### Residents

Margaret Bates - July 8  
Margaret Beeler - July 27

### Care Partners

Lithe Mortimer - July 8  
Patty Jamieson - July 12  
Kent MacDonald - July 13  
Karen MacNeil - July 19  
Erin Emslie - July 26



### From the Desk of Janine- Why LTC?

“There is no greater joy than making a difference in the lives of residents who call Willow Lodge home. We have a great Care Partner team who work here at the Lodge, show up daily and do their best to bring the highest standard of care, so that we can all meet the diverse and unique needs of our resident’s within our home.”

Janine Jaconelli, Executive Director



## Walk for Alzheimer's at Willow Lodge

This year we successfully raised \$1000 for our Walk for Alzheimer's. Thank you to everyone that supported our fundraiser here at the lodge through the BBQ and to the families that walked and fundraised on their own for our walk.

## Nurse's Nook

Summer has finally arrived, which means vacation is coming! Staffing has been a huge issue for us and we have been fortunate to retain some agency nursing staff to assist us so our staff can get some well-deserved time off. No doubt you will see some new faces here caring for your loved ones. They are all from Nova Scotia and one is from Newfoundland. Please join us in welcoming them! They will be on site for a general orientation on Monday June 26, 2022 and be starting that week!

We have been able to maintain our loosening of COVID restrictions for now, but please know COVID is still prevalent in our community. Our residents are so happy you are all back, and that activities are happening. Thank you all for helping us keep your loved ones, and staff safe! Have a great summer!

Jill Peterson, RN, Director of Care



## Operations Corner

After a dry May, June turned out to be quite wet. This certainly reduced the risk of forest fires and has also made our garden areas lush and green.

There has been a noticeable decrease in humidity in the building this season due to the heat pumps we had installed last fall. They were too late to help much last year, but seem to be doing the trick this time around.

We recently had a delivery of 18 more bed frames. Once these are swapped out, all of the beds in the original section of Willow Lodge will have been replaced within the last 3 years. So if you haven't received a new bed yet, you should get one within the next few weeks.

The roofing crew is back, and are currently working on Lynwood. Then they will move to the back side and replace all of the shingles over the Balmoral neighborhood. Once this is complete, all of our roofing will have been replaced in the last couple of years and should be good for years to come.

Painting is being done in the hallways this week, and soon the Main Lounge area will be painted as well. There are some sample colours on the walls in the Lounge area, make sure to take a look and tell us what one you prefer.

Janet Wall and Colleen Jamieson have joined us in the past month as Casuals in Environmental and Dietary Services and we are glad to have them both. They have been quite busy so far learning the ropes. Welcome to Willow Lodge!

Kent MacDonald  
Director of Operations



## Finance Office

You are probably tired of hearing from me, so I will give you a break this month.

-Peggy Weatherby, Director of Finance

## Resident News

The draw date for the residents of Lynwood ticket raffle 'Fundraiser for Willow Park Project' is nearly upon us. There is still time to get tickets before the July 15th, 2022 draw date! Tickets are \$2.00 each or 3 for \$5.00, and can be bought from staff/residents in Lynwood or from the Director of Recreation, Alicia Williamson. All money collected from the sale of the tickets will go towards purchasing lawn decorations and other items for the park. Winner of the raffle gets a hand-made Childs Cozy Crib Quilt—Nighty Night (40"x 60"). Pictured to the right, it is hand embroidered, quilted, and donated by one of the residents.



## Care Partner News

Brenda Laurie has some exciting news to share. Her son Brandon will be marrying Kenzie Forbes on July 16th. Congratulations to the soon to be newly weds.

*Congratulations*

## Eat Well, Be Well

### Energy Bites

I made these energy bites as part of our LTC proud celebration, and they were a hit all around! Many staff members asked for the recipe, so I thought I would provide it here for everyone to enjoy.

#### Ingredients:

- 1 1/2 cups of oats
- 1 cup peanut butter
- 1/2 cup shredded coconut
- 3 tbsp honey
- 1/2 cup add in of choice (ex. chocolate chips, dried cranberries or blueberries, sprinkles, etc.)

#### Instructions:

1. Stir together all ingredients.
2. Shape into balls using wet hands (or plastic gloves to avoid a mess).
3. Store in an airtight container in the refrigerator
4. Makes approximately 20 portions.

-Abbey Chisholm, Dietitian



# Recreation News

First off a warm welcome to Cristen Mardian as she joins us for the summer in recreation. We look forward to having her join in on our fun filled summer ahead.

Baseball will be returning to the schedule this month. Keep an eye for your neighbourhood's day. In the event that it may rain the Friday's set aside for baseball, we may switch bowling and baseball around for that week only. We will let you know if this change does happen, otherwise go with what is on the schedule.

The return of the Carnival in June was a huge success. Many smiles, cheers and laughs filled the halls from both residents and staff. It was wonderful to see all those that dressed up for each day to join in on the fun. With the votes tallied on the final day our King and Queen of the Carnival, Jamie and Betty Mackay, were crowned at our pajama party.

-Alicia Williamson, Director of Recreation

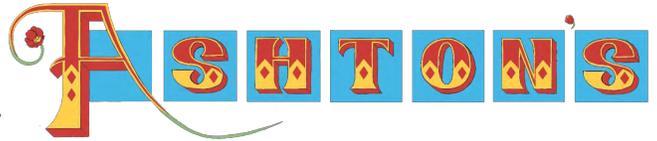


## Thank you to...

We have had a number of people drop off items for the staff and residents this past month, and wanted to send out a huge thank you to each of them from the residents and staff.

Thank you to Camden and Cassie, who with the help of a grant from Rising Youth, made lovely care packages for all of the residents. It was a wonderful surprise that made everyone feel like a kid on Christmas day. All enjoyed the surprises in each gift bag!

Thank you to Ashton's Garden Centre for thinking of the staff this spring and gifting a gift certificate to all the staff for a hanging basket or \$25 worth of plants. This was greatly appreciated by all to beautify their gardens at home.



Thank you to the Minneys at Mountain Strawberry Farms for donating 8 quarts of fresh berries for the staff. We had a draw for each quart. Congratulations to all that won and enjoy the fresh strawberries.

Thank you to John and Fran Crichton for dropping off 4 boxes of fresh strawberries for the staff to enjoy!



# Thank You



# for your Kindness

A poem for July from one of our resident's collections:

THE PASSING OF THE BACKHOUSE

When Memory keeps me company and moves to smiles and tears  
A weatherbeaten object looms through the mist of years,  
Behind the house and barn it stood, a half a mile or more,  
And hurrying feet a path had made, straight to its swinging door.  
Its architecture was a type of simple classic art,  
But in the tragedy of life it played a leading part.  
And oft the passing traveller drove slow and heaved a sigh  
To see the modest hired girl slip out with glances shy.

We had our posey garden that our women loved so well;  
I loved it too, but better still I loved the stronger smell  
That filled the evening breezes so full of homely cheer,  
And told the night o'er taken tramp that human life was near.  
On lazy August afternoons it made a little bower  
Delightful, where my grandsire sat and whiled away an hour.  
For there the summer morning its very cares entwined,  
And berry bushes reddened in the steaming soil behind.

All day fat spiders spun their webs to catch the buzzing flies,  
That flitted to and from the house where Ma was making pies,  
But once a swarm of hornets bold had built a palace there  
And stung my unsuspecting Aunt - I must not tell you where;  
Then father took a flaming torch, that was a happy day -  
He nearly burned the building up, but the hornets left to stay.  
When summer blooms began to fade and Winter to carouse,  
We banked the little building up with lots of hemlock boughs.

But when the crust was on the snow, and sullen skies were gray,  
In sooth the building was no place where one would wish to stay.  
We did our duties promptly, then one purpose swayed the mind  
We tarried not nor lingered long on what we left behind.  
The tortures of that icy seat would make a spartan sob  
For needs must scrape the gooseflesh with a lacerating cob  
That from a frost encrusted nail was suspended by a string-  
My father was a frugal man and wasted not a thing.

When Grandpa had to go out back and make his evening call  
We'd bundle up the dear old man with a muffler and a shawl.  
I knew the hole on which he sat - 'twas padded all around,  
And once I dared to sit there, but it was all too wide I found,  
My loins were all too little, and I jack-knifed there to stay;  
They had to come and get me out or I'd a passed away.  
Then father said ambition was a thing that boys should shun,  
And I must use the children's hole till childhood's days were done.

But still I marvel at the craft that cut these holes so true -  
The baby hole, the slender hole that fitted sister Sue,  
That dear old country landmark - I've tramped around a bit  
And in the lap of luxury my lot has been to sit;  
But ere I die I'll eat the fruit of trees I've robbed of yore,  
Then seek the shanty where my name is carved upon the door,  
I ween the old familiar smell will soothe my jaded soul -  
I'm now a man but none the less, I'll try the "children's hole".

- James Whitcomb Riley.