



July 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Margaret Bates - 100th - July 8</i></p> <p><i>Cassie Cameron - July 11</i></p> <p>Happy Birthday</p>				<p>1</p> <p>CANADA DAY BBQ</p>	<p>2</p>	<p>3</p>
<p>4 National BBQ Spare-ribs Day!</p> 	<p>5 One-on-ones</p> <p>10:30 Exercise Balmoral</p> <p>10:30 Music in Barrachois</p> <p>11:00 Highland Dancing Lynwood</p> <p>2:15 Exercise Lynwood</p>	<p>6 MacKay Van Drive</p> <p>10:00 Exercises Barrachois</p> <p>10:30 Hymn Sing</p> <p>2:00 Barrachois BINGO</p> <p>2:00 Baking in Lynwood</p>	<p>7 World Chocolate Day!</p> <p>10:00 Highland Dancing Barrachois</p> <p>10:00 Chocolate Trivia</p> <p>11:00 Exercises Lynwood</p> <p>2:15 Exercises Balmoral</p> <p>2:30 Chocolate Trivia LH</p>	<p>8 MacKay Van Drive</p> <p>10:00 Exercises Barrachois</p> <p>10:00 Art</p> <p>1:30 BINGO Lynwood</p> <p>2:30 Resident Council</p>	<p>9 9:00 Nail Care</p> <p>10:00 Highland Dancing Balmoral</p> <p>11:00 Reading of The Lobster Chronicles in Lynwood</p> <p>2:30 Strawberry Festival in the Park Strange Valentines</p> <p>6:00 BINGO Balmoral</p>	<p>10</p> <p>10:15 On this Day in History</p> <p>One-on-Ones & Video Calls</p> <p>5/6pm Movie & Hoedown</p>
<p>11</p>  <p>Hymns with Burns MacDonald</p>	<p>12 One-on-ones</p> <p>10:30 Exercise Balmoral</p> <p>10:30 Music in Barrachois</p> <p>11:00 Highland Dancing</p> <p>2:00 Family Feud</p> <p>2:15 Exercise Lynwood</p>	<p>13 9:00 Men's Coffee</p> <p>10:00 Exercises Barrachois</p> <p>10:30 Hymn Sing</p> <p>2:00 Barrachois BINGO</p> <p>2:00 Baking in Lynwood</p>	<p>14 10:00 Art</p> <p>11:00 Exercises Lynwood</p> <p>2:00 Cards</p> <p>2:15 Exercises Balmoral</p> <p>2:30 Trip to France</p>	<p>15 MacKay Van Drive</p> <p>10:00 Exercises Barrachois</p> <p>10:00 Bean Bag Toss</p> <p>1:30 BINGO Lynwood</p> <p>2:00 Baking in the Bayview</p> <p>2:30 Washer Toss</p>	<p>16 9:00 Nail Care</p> <p>10:00 Highland Dancing Balmoral</p> <p>11:00 Reading of The Lobster Chronicles in Lynwood</p> <p>2:00 Walks in the Park</p> <p>6:00 BINGO Balmoral</p>	<p>17</p> <p>10:15 Who am I -July Birthdays</p> <p>One-on-Ones & Video Calls</p> <p>5/6pm Movie & Hoedown</p>
<p>18 National Ice Cream Day!</p> 	<p>19 One-on-ones</p> <p>10:30 Exercise Balmoral</p> <p>10:30 Music in Barrachois</p> <p>11:00 Highland Dancing</p> <p>2:00 Family Feud</p> <p>2:15 Exercise Lynwood</p>	<p>20 MacKay Van Drive</p> <p>10:00 Exercises Barrachois</p> <p>10:30 Hymn Sing</p> <p>2:00 CAMPFIRE</p> <p>6:00 Barrachois BINGO</p>	<p>21 10:00 Art</p> <p>11:00 Exercises Lynwood</p> <p>2:00 Cards</p> <p>2:15 Exercises Balmoral</p> <p>2:30 Spiritual Circle</p>	<p>22 MacKay Van Drive</p> <p>10:00 Exercises Barrachois</p> <p>10:00 Bean Bag Toss</p> <p>1:30 BINGO Lynwood</p> <p>2:00 Baking in the Bayview</p> <p>2:30 Washer Toss</p>	<p>23 9:00 Nail Care</p> <p>10:00 Highland Dancing Balmoral</p> <p>11:00 Reading of The Lobster Chronicles in Lynwood</p> <p>2:00 Walks in the Park</p> <p>6:00 BINGO Balmoral</p>	<p>24</p> <p>10:15 It Happened in July</p> <p>One-on-Ones & Video Calls</p> <p>5/6pm Movie & Hoedown</p>
<p>25</p>  <p>Hymns with Burns MacDonald</p>	<p>26 One-on-ones</p> <p>10:30 Exercise Balmoral</p> <p>10:30 Music in Barrachois</p> <p>11:00 Highlands Dancing</p> <p>2:00 Family Feud</p> <p>2:15 Exercise Lynwood</p>	<p>27 9:00 Men's Coffee</p> <p>10:00 Exercises Barrachois</p> <p>10:00 Hymn Sing</p> <p>2:00 Barrachois BINGO</p> <p>2:00 Baking in Lynwood</p>	<p>28 10:00 Art</p> <p>11:00 Exercises Lynwood</p> <p>2:00 Cards</p> <p>2:15 Exercises Balmoral</p> <p>2:30 Washer Toss</p>	<p>29 MacKay Van Drive</p> <p>10:00 Exercises Barrachois</p> <p>10:00 Bean Bag Toss</p> <p>1:30 BINGO Lynwood</p> <p>2:30 Birthday Party with Winnie & Curtis MacKinnon & Friends</p>	<p>30 9:00 Nail Care</p> <p>10:00 Highland Dancing Balmoral</p> <p>11:00 Reading of The Lobster Chronicles in Lynwood</p> <p>2:00 Walks in the Park</p> <p>6:00 BINGO Balmoral</p>	<p>31</p> <p>10:15 Name that Show</p> <p>One-on-Ones & Video Calls</p> <p>5/6pm Movie & Hoedown</p>