

Happy
Canada
Day



July 2021 Willow Leaf

Welcome New Residents



Guy Moore
Judy Sarson



Happy Birthday

Residents

Margaret Bates - 100th - July 8

Cassie Cameron - July 11

Care Partners

Lithe Mortimer - July 8

Patty Jamieson - July 12

Kent MacDonald - July 13

Sheri Muisse - July 17

Kara Weatherbie - July 18

Cheryl MacDonald - July 19

Karen MacNeil - July 19

Erin Emslie - July 26

In Memory Of

Ralph Tattrie

September 5, 1942 to June 4, 2021

Connie Langille

November 1, 1929 to June 8, 2021

Betty Peterson

March 16, 1930 to June 19, 2021

From the Desk of Janine

As we enter the month of July, it is a time to celebrate new beginnings. The children are out of school and enjoying the freedom away from their lap tops and chrome books. Graduations are happening and marking the next step in ongoing education or the beginning of work careers. For us here at the lodge we trust that we will also have some freedom as we hopefully see restrictions ease- In addition, there is a holiday feeling happening in the village with patio's and vacationers travelling through, stopping to shop or enjoying a treat.

There is also a new beginning for two special educators who have played an important role in the life of our residents and care partners at Willow Lodge for over 10 years. Sandy Lockerby and Kim McKeen will be saying goodbye to students, colleagues, friends at the Tatamagouche Regional Academy and Willow Lodge, as they both retire and begin a new chapter in their lives. For the past ten years, these two teachers have brought their students to the Lodge for intergenerational programming through art, singing and holiday celebrations. They both had a vision of mutual learning for both students and residents and we thank you for all the enriching experiences you have shared.

From all of us at Willow Lodge, Thank You, Farewell and Enjoy...you will both be missed!

Janine Jaconelli
Executive Director

Willow Lodge News

Pictured Right: Sandy Lockerby, Grade 5 teacher at Tatamagouche Regional Academy making giant bubbles. This was just one of the many activities over the years that Sandy and her students shared with the residents of Willow Lodge. All the Residents and Care Partners wish her all the best in her retirement. You'll be truly missed.



Pictured Left: Kim MacKeen, Grade 6 Teacher at Tatamagouche Regional Academy. Kim is also retiring this year. Kim we will miss you. We are forever grateful for the beautiful remembrance day

services you and your students provided over the years.

Last month was the start of our 2021 Willow Lodge baseball season, but mother nature had other plans for us. First; with a blast of heat that made it too hot to play ball and then monsoons that washed our games out. We did however get out a few times as weather permitted and there was lots of home runs, smiles, and belly laughs had by all.

Pictured Right: Resident Billy Whidden heading to bat as Residents, Marion, Eunice, Mary and Summer Student Clea Maclaasac watch on.



Pictured Left: Resident Eunice Sutherland hitting a grand slam with assistance from summer student Clea Mac Isaac.

We had two Bible Hill RCMP members come to visit on June 30th outside in our Park. Residents were thrilled to see them all dressed up in their red serge. They answered any questions the resident had for them and they shared a little about their journeys with the RCMP. One residents joked with the members and asked if they could be refunded the \$7 they had to pay for a speeding ticket. We would like to thank the Bible Hill RCMP for their visit to Willow Lodge and we hope to have them visit again soon. The RCMP visit the lodge a few times a year, but due to COVID-19 have not been able to do so in quite some time. It was such a pleasure to see them again. Also the residents would like to thank you for the official drill march.



Willow Lodge would like to send out a BIG thank you to Mountain Farm Strawberry U-Pick who donated a flat of Strawberries for the residents to enjoy. Some of the residents gathered together to hull and slice the strawberries which were later made into strawberry shortcake. It was delicious!



We have also been able to have a couple of drives up to Mountain Farm so that the Residents could see people picking strawberries in the field, while treated to a couple of baskets of strawberries. The stories that were shared after these trips would bring a smile to anyone's face. Thanks again to the Minney's for making this possible.

We are SUPER excited to be able to have some of our volunteers return as restriction ease. We will have Volunteers come for music, nail care, cards and BINGO to start. We will be welcoming volunteers back slowly, but the excitement is hard to contain as we have missed them so much.

We ask that all non-designated visitors continue to call our Director of Recreation, Julie Tattrie to book visits. Residents are now able to have ONE non-designated visitor, visit inside in their room or in one of our designated areas (Main Lounge/Café or Bayview) If there is more than one visitor we will book you for an outdoor visit so you can all visit together as a group. There can be TEN people (including your loved one) able to visit outdoors at one time. Our designated area for outdoor visits is our Park. Residents are still able to have TWO designated care givers visit at the same time and are NOT required to book.

Resident News

Doris Langille along with her family would like to welcome her precious great - great Grandson, Elijah Curtis John Corkum. He would be Darlene (Doris's Daughter) and Myles Great Grandson. He weighs 5 lb. 5 Oz. Parents Renee Bennett and Curtis Corkum. Welcome to the world little Elijah and congratulations to all five generations of family.

Gloria Martin has a new great granddaughter, Gloria was able to see meet her over a video call and she says she is the cutest and has the most pinchable cheeks. Congratulations to Gloria's grandson Justin and his partner on their new bundle of joy.

Margaret Bates will be celebrating a HUGE milestone this month. Margaret will be turning 100 on July 8th. Happy Birthday Margaret, from Everyone at Willow Lodge. Here is a message from Margaret's beautiful daughters. "Happy 100th birthday Mom. So lucky to have you all these years. Hope you have a wonderful day. Love from your girls."



**Happy
100th
Birthday
Margaret!**

Operations Corner

The Department of Health and Wellness has been very kind to Willow Lodge. They have agreed to fund the following Capital Projects this year: Roofing replacement around the Courtyard area; 10 new Resident beds; 10 new lift motors for Resident rooms; new Steam Oven for Main Kitchen; new exterior doors on the old section of the building. This work will get underway soon, it's great to be able to make these improvements for Residents and staff.

As well, the Provincial Government has agreed to fund the following projects under the ICIP program: New Nurse Call System throughout the building; new bathing system including tub and lift chair for Barrachois; some new commercial laundry equipment for our main Laundry room downstairs. The ICIP program is a special funding program that was developed to help not-for-profit homes like ours address challenges brought to light during the COVID-19 outbreak.

Willow Lodge held a Mock Exercise on May 27 to test our Emergency Response capabilities, as we are required to do every 3 years as a requirement of Provincial Licencing. This year's event was a Code White Drill. The scenario was that a Violent Person was on the property trying to gain entry, and we followed procedures to respond to such an emergency. Staff did a great job moving all Residents to secure areas within the facility, and did so in under 12 minutes. RCMP and the Tatamagouche Fire Department responded to the mock call, and we had 3 evaluators from the community taking notes. Thanks to RCMP Constable Trevor Gallen, the Tatamagouche Fire Department, Curtis Foote, Martha Ferguson and Laurie Treen for helping us with the event. Thanks also to Jolene Mardian who did a fabulous job in her role as the enraged individual that day. It is good to practice these procedures as we never know when we may face a situation like this in the real world.

You may have noticed how nice the gardens look lately. Wendy Marshall, a local resident, was contracted to clean out all of the flower gardens, lay weed barrier and mulch between the plants. It looks great, I hope everyone is enjoying the results of her work. As well, Kelly Yantzi, CCA, and some of our Residents have put together some beautiful hanging baskets with flowers from Ashton's Garden Centre. They have been placed in outdoor spaces around the facility. Thanks to Kelly and her Resident helpers.

I would like to welcome Abbey Chisholm to the Care Partner team at Willow Lodge. She will be assuming the duties as Dietitian, replacing Amanda Rees, who is moving with her family to New Brunswick. Abbey is an Antigonish resident, and also works part-time at a home in Antigonish. She will be getting to know everyone in the coming weeks.

Jolene Mardian has taken on duties as Laundry Worker in addition to her work in Housekeeping. Patsy Waugh has retired from her position, and we hope she enjoys her free time.

As well, Barb Newcombe has accepted the position of Cook made available with Cathey Darragh's retirement. We wish Cathey the best, and welcome Barb back to Willow Lodge, as she worked with us previously as a Casual Cook.

Last, but not least, Hunter Matheson is joining us for the summer as Groundskeeper. He will be looking after the lawns and outdoor spaces. Hunter is a student at Tatamagouche Regional Academy next door, and is the son of our Tammy Fraser, LPN.

My fingers are tired from all of this typing, but I'm happy to have shared all of this good news with you. I hope everyone enjoys the summer weather. Remember the sunscreen and drink lots of water!

-Kent MacDonald
Director of Operations

Eat Well, Be Well

Hi everyone! My name is Abbey Chisholm, and I am the new dietitian here at Willow Lodge. I graduated from StFX in 2019, completed my dietetic internship, and have been a dietitian since June 2020. I live in Antigonish, which is where I grew up. I have a 3-year-old black lab, Tucker who is my number one side kick. When I am not at work you can find me at the beach, hiking, hanging out with family and friends, or reading a book on my deck. I love to cook and have been working on perfecting some of my mom and nana's favorite recipes. I also love to try new things, so if you have a recipe you would like to share, feel free to send it my way!

I have always had a passion for working with our aging population and enhancing quality of life through nutrition care. Nutrition in aging is one of my favorite areas of dietetics, but I also like to spend time researching the area of nutrition and mental health. I am already enjoying my job so much and I look forward to continuing to get to know everyone. If you see me roaming around the hallways, please stop and say hello!

- Abby Chisholm, Dietitian



Care Partner News

Willow Lodge would like to send out a congratulations to Cristen Mardian, daughter of Care Partner Joleen Mardian, environmental services on her graduation from Tatamagouch Regional Academy. Cristen plans to attend St. Mary's and study Criminology. All the best in your future endeavors.

A message from Amanda

Goodbye and thank you to all of the amazing residents and staff at Willow Lodge. I have enjoyed working with all of you and will always have fond memories of my time spent at Willow Lodge. I am



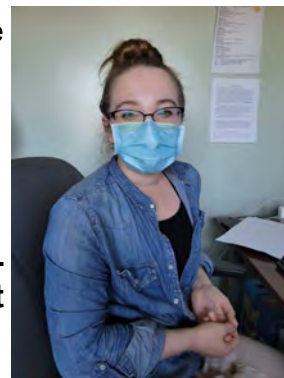
very proud to say I have worked at such a wonderful home that truly cares for all of their residents and improves their quality of life daily. I wish everyone the very best as I head out on my new adventure in New Brunswick.

- Love Amanda, Dietitian

Hello from Clea!

Happy July! My name is Clea Maclsaac, I am entering my second year of Neuroscience at Carleton University. I'll be the summer student in the recreation department this year! I love science (except physics), the complexity of the human brain, emotions, and neural pathways are SO COOL! In my spare time I love to dance (Highland dance), spend time with my family and practice photography. I've been having so much fun during my first month here at Willow Lodge, we've been doing a lot of chatting, baking, dancing and a lot of laughing! I'm looking forward to the rest of the summer! I am super excited to be planning a Highland Games that will take place in August. I have some ideas already in place but I would appreciate any support in the form of live music (pipers/fiddlers/musicians), food/recipes, tartan you are willing to let us borrow, or anything scottish that could add to the highland games experience! If you're interested please send an email to ju-lie.tattrie@willowlodge.ca. Take care everyone!

- Clea Maclsaac, Recreation Summer Student



Finance Office

PEGGY W. HERE FROM THE FINANCE OFFICE!

Hopefully by now all residents have completed their income tax for 2020 and have received their notice of assessments from Revenue Canada and sent it to the Department of Health and Wellness.

Thank you.



SUN SAFETY

SUMMER SKIN PROTECTION



WEAR
BROAD HAT



USE SUNGLASSES



WEAR PROTECTIVE
CLOTHING



AVOID SUN BETWEEN
11 AM AND 3 PM



USE SUNSCREEN



DRINK MORE
WATER



REFLECTION
CAUTION



SEEK SHADE



AVOID DIRECT
SUNLIGHT

Car Show!



Willow Lodge is looking to plan a Car Show/Parade for the residents.

We are looking for owners of antique/vintage/unique cars, truck and automobiles that might be interested in taking part.

If you are interested or know someone who might like to take part, please call Julie Tattrie our Director of Recreation at 902-657-3101 ext 24

Thank you!