



January 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat		
1 3:30 Mennonite Youth Choir	2 	3 1:30 Bingo Lynwood 6:00 Hangman	4 2:30 Exercise Lynwood 2:30 Bingo Barrachois 6:00 Snakes and Ladders	5 10:00 Nail Care 2:00 Baking Bayview 6:00 Word Games	6 10:00 Nail Care 10:30 Exercise Balmoral 2:30 Music with David Palmer 6:00 Bingo Balmoral	7 10:30 Elvis Quiz 2:30 Reading with Jane 5:00 Movie Night		
8  National English toffee day	9 10:30 Exercise Barrachois 2:15 Exercise Lynwood	10 10:00 Baking Bayview 1:30 Bingo Lynwood 6:00 Hangman	11 10:00 Men's Coffee 2:30 Exercise Lynwood 2:30 Bingo Barrachois 6:00 Snakes and Ladders	12 9:00 Nail Care 2:30 Resident Council 6:00 Word Games	13 10:30 Exercise Balmoral 2:30 Bowling 6:00 Bingo Balmoral	14 10:30 The letter 'J' Quiz 2:30 Reading with Jane 5:00 Movie Night		
15 2:30 United Church Choir	16 10:30 Exercise Barrachois 2:15 Exercise Lynwood	17 10:00 Baking Bayview 1:30 Bingo Lynwood 6:00 Hangman	18 10:00 Jeopardy 2:30 Exercise Lynwood 2:30 Bingo Barrachois 6:00 Snakes and Ladders	19 9:00 Nail Care 2:30 6:00 Word Games	20 10:30 Exercise Balmoral 2:30 Lawn Games 6:00 Bingo Balmoral	21 10:30 Chinese New Year Quiz 2:30 Reading with Jane 5:00 Movie Night		
22 	23 10:30 Exercise Barrachois 2:15 Exercise Lynwood	24 10:00 Baking Bayview 1:30 Bingo Lynwood 6:00 Hangman	25 10:00 Men's Coffee 2:30 Exercise Lynwood 2:30 Bingo Barrachois 6:00 Snakes and Ladders	26 9:00 Nail Care 2:30 Birthday Party 6:00 Word Games 	27 10:30 Exercise Balmoral 2:30 Bowling 6:00 Bingo Balmoral	28 10:30 Who am I? 2:30 Reading with Jane 5:00 Movie Night		
29 Music with James and Samual 2:00 Main Lounge 3:00 Lynwood	30 10:30 Exercise Barrachois 2:15 Exercise Lynwood	31 10:00 Baking Bayview 1:30 Bingo Lynwood 6:00 Hangman					Ardith Tattie - January 26	