










December 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Arthur Law Jackie McLellan Donna Howard Joanna Bower-Derry Velda LeFrank Darcy Bell Eddie Benere Judy Sarson	December 2 December 5 December 6 December 8 December 12 December 19 December 21 December 31	1 11:00 Exercise Lynwood 2:30 Bingo Barrachois 6:00	2 1:30 Bingo Lynwood Evening One-on-ones	3 9:00 Nail Care 2:00 Bowling 6:00 Bingo Balmoral	4 1:30-4:00 Video calls and one-on-ones 5-6 Hoedown/ Movie
5 	6 10:30 Exercise Balmoral 2:15 Exercise Lynwood Holly from Maritime Hearing coming to visit 	7 10:00 Exercise Barrachois 11:00 12:00 Christmas Quiz 2:30 Baking Bayview 6:00 Snakes and Ladders	8 11:00 Exercise Lynwood 1:30 Christmas Quiz Lynwood 2:30 BINGO Barrachois 2:15 Exercise Balmoral	9 10:00 Christmas Craft Balmoral 11:00 Christmas Craft Barrachois 1:30 Bingo Lynwood Evening One-on-ones	10 9:00 Nail Care 2:00 Bowling 6:00 Bingo Balmoral	11 9:30 Who am I? Main Lounge 10:45 Who am I? Lynwood 1:30-4:00 Video calls and one-on-ones 5-6 Hoedown/ Movie
12  	13 10:30 Exercise Balmoral 2:15 Exercise Lynwood	14 10:00 Exercise Barrachois 12:30 Christmas Quiz 2:30 Baking Bayview 6:00 Snakes and ladders	15 11:00 Exercise Lynwood 2:15 Exercise Balmoral 2:30 BINGO Barrachois	16 Tree of Love at 2:00pm In Lynwood Evening One-on-ones	17 9:00 Nail Care 2:30 2nd Annual Christmas Parade 6:00 Bingo Balmoral	18 9:30 Holiday Hangman Main Lounge 10:45 Holiday Hangman Lynwood 1:30-4:00 Video calls and one-on-ones 5-6 Hoedown/ Movie
19 	20 10:30 Exercise Balmoral 2:15 Exercise Lynwood	21 10:00 Exercise Barrachois Christmas Tea Party at 2pm Main Lounge 6:00 Snakes and Ladders	22 11:00 Exercise Lynwood 2:15 Exercise Balmoral 2:30 BINGO Barrachois	23 10:00 Christmas Carolling Main Lounge 11:00 Christmas Carolling Lynwood 1:30 Bingo Lynwood Evening One-on-ones	24 12:00 One-on-Ones 2:30 Bingo Balmoral 6:00 Christmas Eve Program	25 
26 	27	28	29 11:00 Exercise Lynwood 2:15 Exercise Balmoral 2:30 BINGO Barrachois	30 10:00 Spiritual Circle Main Lounge 11:00 Spiritual Circle Lynwood 1:30 Bingo Lynwood 2:30 Birthday Party Evening One-on-ones	31 9:00 Nail Care 2:30 New Year Party with the Strange Valentine's 6:00 Bingo Balmoral	