



August 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 National Raspberry Cream Pie Day 	2 Natal Day 2021 No Activities	3 10:00 Exercises Barrachois 11: Science Experiments 10:00 Arts/Crafts 2:00 BINGO Barrachois 2:00 Baking Lynwood	4 10:00 Testing Science 11:00 Exercises Lynwood 1:30 Arts/Crafts Lynwood 2:00 Cards 2:15 Exercises Balmoral 2:30 Walks in the Park	5 MacKay Van Drives 10:00 Exercises Barrachois 10:00 1:30 BINGO Lynwood 2:00 Baking in the Bayview	6 9:00 Nail Care 11:00 The Lobster Chronicles Lynwood 2:30 The Strange Valentines 6:00 BINGO Balmoral	7 10:15 On this Day in History One-on-ones & Video Calls 5/6pm Movie/Hoedown	
8  Hymns with Burns MacDonald	9 World Indigenous Day MacKay Van Drives 11:00 Testing Science Lynwood 10:30 Exercises Balmoral 2:15 Exercises Lynwood	10 10:00 Exercises Barrachois 10:00 Music with Deb Lynwood 11:00 Music with Deb Lynwood 2:30 Musik Makers 6:00 BINGO Barrachois	11 10:00 Testing Science 11:00 Exercises Lynwood 1:30 Arts/Crafts Lynwood 2:00 Cards 2:15 Exercises Balmoral 2:30 Walks in the Park	12 MacKay Van Drives 10:00 Exercises Barrachois 10:00 Name that Smell 1:30 BINGO Lynwood 2:00 Resident Council	13 Highland Games 9:00 Balmoral Competes 10:00 Barrachois Competes 11:00 Lynwood Competes 2:30 Gathering/Ceremony in Park with Dan Westley	14 10:15 It Happened in August Quiz One-on-ones & Video Calls 5/6pm Movie/Hoedown	
15 National Honey Bee Day 	16 MacKay Van Drives 10:30 Exercises Balmoral 11:00 Testing Science Lynwood 2:15 Exercises Lynwood 2:30 Trip to India	17 10:00 Exercises Barrachois 10:00 Music with Deb Lynwood 11:00 Music with Deb Lynwood 2:30 Musik Makers 6:00 BINGO Barrachois	18 10:00 Testing Science 11:00 Exercises Lynwood 1:30 Arts/Crafts Lynwood 2:00 Cards 2:15 Exercises Balmoral 2:30 Walks in the Park	19 MacKay Van Drives 10:00 Exercises Barrachois 10:00 Name that Tune 1:30 BINGO Lynwood 2:00 Baking in the Bayview	20 9:00 Nail Care 11:00 The Lobster Chronicles Lynwood 2:30 Blueberry Festival in the Park music TBA	21 10:15 Words Starting with "A" Quiz Ice Cream Truck in Park One-on-ones & Video Calls 5/6pm Movie/Hoedown	
22 2:00pm United Church Service	23 MacKay Van Drives 10:30 Exercises Balmoral 11:00 Lighthouse Stories Lynwood 2:15 Exercises Lynwood 2:30 Lighthouse Stories Main Lounge	24 10:00 Exercises Barrachois 10:00 Music with Deb Lynwood 11:00 Music with Deb Lynwood 2:30 Musik Makers 6:00 BINGO Barrachois	25 10:00 Testing Science 11:00 Exercises Lynwood 1:30 Arts/Crafts Lynwood 2:00 Cards 2:15 Exercises Balmoral 2:30 Walks in the Park	26 MacKay Van Drives Outdoor Concert/ Birthday Party in the Park with Doris Mason 12 - 2pm	27 9:00 Nail Care 11:00 The Lobster Chronicles Lynwood 2:30 Music TBA 6:00 BINGO Balmoral	28 10:15 Who Am I? August Birthdays One-on-ones & Video Calls 5/6pm Movie/Hoedown	
29  Hymns with Burns MacDonald	30 Hawaiian Day MacKay Van Drives 10:30 Exercises Balmoral 2:15 Exercises Lynwood Hawaii Themed Activities throughout the day!	31 9:00 Men's Coffee 10:00 Exercises Barrachois 10:00 Music with Deb Lynwood 11:00 Music with Deb Lynwood 2:30 Musik Makers 6:00 BINGO Barrachois				Valerie Nicoll - August 1 Betty MacKay - August 2 Frankie Muir - August 5 Arlene Smith - August 9	Marty Jollimore - August 10 Hazel Ponte - August 16 Sandy Capon - August 22 Russell Reid - August 24