

# April 2021 Willow Leaf

**HAPPY BIRTHDAY**

## Resident Birthdays

**Marjorie MacDonald**– April 3

**Eunice Sutherland**– April 9

**Louise Reid**– April 13

**Wendy Morrison**– April 24

## Care Partners Birthdays

Tanya Langille– April 3

Trish Landry– April 5

Shauna Tattrie– April 9

Brittany Marchbank– April 10

Sandra Wesley– April 10

Sierra Scott– April 12

Patsy Bezanson– April 13

Melody Latta– April 20

Devin Wilson– April 21

Julia Thibault– April 22

Karen Ross- April 30

## FROM THE DESK OF JANINE

Greetings Friends,

April 1, 2021

It is so good to see the days getting longer as we welcome spring. I hope many of you have been able to get outside and enjoy this beautiful weather.

This time last year we were all in lockdown. Easter gatherings with family and friends had to be cancelled, our Easter Sunday here at Lodge was only for residents as we could not welcome any family or friends to even visit.

The good news that I am hearing, is many in our community are starting the process to get vaccinated! Our residents will receive their second vaccine next week, all Care Partners have had theirs, and we are awaiting a date from the Health Department for our Designated Care Givers clinic, on when our delivery of vaccine will arrive. These are good news stories...the hope for a better tomorrow.

Another good news story is that we will be welcoming back Julie Tattrie, Director of Recreation.

Karli will remain with us in the role of Life Enrichment Coordinator. Her primary focus will be one-on-one interaction with our residents. This position is so necessary given the times we live in.

On behalf of us all here at the Lodge, thank you to all who have supported us during this very challenging year. Your continued generosity, care and notes of encouragement are all appreciated.

**Janine Jaconelli**

Executive Director

## Remembering

**EMILY OLIVE BAIN**

April 23, 1920-

March 6, 2021

&

**Terry Jefferson**

June 10, 1933-

March 22, 2021

**Happy Easter**

# Nursing Nook

It's been an exciting month for us in March 2021!

The staff and residents have received their first covid-19 vaccine 😊

This had brought such relief, alongside hope, for battling this virus in our world.

There have been many conversations around the vaccine, with a little apprehension as well.

Many residents have been waiting for this anticipated day and were very happy to receive their first dose.

One resident was ready to celebrate with a bucket of ice cream!

On another note, we welcomed new care partners to our team.

Ellie Harris and Angela Benjamin have joined the nursing department – welcome!

We also want to congratulate Patty Jamieson, CCA and wish her a very happy retirement!!

Patty has been at Willow Lodge for 25 years and has provided much care and comfort to many residents over the years.

She is not disappearing completely, though, as we are fortunate to have her remain on as a casual care partner.

Take care everyone, and enjoy the beautiful weather we have been getting. Spring is in the air!!



*Lisa Hodder,*  
Director of Care



# Operations Corner

The time has changed and the days are longer and brighter. Time to say goodbye to winter, fingers crossed!

The tub room on Barrachois has been painted and looks a lot brighter than it did previously, thanks to Achim for putting in some extra time to get this completed.

We applied for funding for a storage building for the extra Personal Protective Equipment and medical supplies that we are required to have on hand. The building has been constructed by Waugh's River Buildings Ltd. and will be delivered soon. We need to complete some preparation work before this can happen.

There were other applications for infrastructure funding that we are still waiting on. Hopefully we will have more information on these projects in the coming months, stay tuned.

**Kent MacDonald**

Director of Operations.



## Finance Office

Peggy W. here from the Finance office!

Please make sure that the person responsible for each resident's financial affairs has filed the tax form by April 30th – It is of the utmost importance that income taxes be filed.

Thank You.



# Up Up & Away

How do you get out of bed in the morning? At Willow you might use one of three methods. Up on your own without assistance or with some coaching. Up using the Sara Flex which is a standing aid or up using the full mechanical lift with a special sling to help.

Some people are a little unstable and need a helping hand for correct positioning of feet during standing. Some people need a one, two, three, nose over toes reminder when standing.

Another group of people might not have enough strength in the legs to totally stand. This is when a Sara-flex machine might be used. Betty Matheson was a great forward thinker and was instrumental in obtaining two devices for Willow lodge. The Sara Flex has a soft silicone leg support which adjusts to pressure applied by the knees. The device maintains a more neutral position for shoulders for comfort and gives a "helping hand" when standing.

A third group of people might not be able to weight bear at all and need the help of an overhead lift machine. The full mechanical transfer method is a comfortable and dignified way to get out of bed and into a chair. The overhead lift requires the use of a special sling hammock and two care partners to make the move safe and easy.

Whatever way you get out of bed in the morning on your own, with a little help from a friend or with help from a machine remember...if you'll hold my hand, we'll chase your dream across the sky for we can fly. Up, up and away my beautiful, my beautiful balloon.

**Cathy Rafters**— OTA/PTA



# Willow Lodge News

On March 17th, 2021 Pete our Parakeet bird passed away. We all will miss his beautiful, morning, afternoon and evening songs he loved to sing us. Now he can reunite with his partner Coco, and they can make sweet music together. 

Here is a picture of our first resident receiving the covid-19 vaccine at Willow Lodge.  
Resident Council  
Chair, Kay Mattatall!



The Christmas Index program here at Willow Lodge fund-raised last month for an Easter Wreath! The winner of this beautiful wreath went to Andrea Taylor.

The fundraiser was able to make **\$321 !!**

Congratulations Andrea, and amazing work to everyone who bought tickets. Thank you to Randi Munro and Jennifer Tattrie for their dedication and another creative fundraiser for the Christmas Index Program!



The Easter Bunny is on his way!

He sent a telegram saying he has plenty of chocolate eggs to share with all of his friends at Willow Lodge! Also, on **Sunday April 4th**, the residents and staff will be enjoying a delicious Easter Dinner prepared with LOVE, by the Kitchen Staff.



## Sunday Easter Dinner Menu

-  **Glazed Ham**
-  **Mashed Potatoes**
-  **Carrots/Peas**
-  **Dessert: Minced Meat or**
-  **Pumpkin Pie**

# Eden Corner

A great big Thank you is being sent to Arlene Robinson for sending along a donation from her friend, Paula Levangie. Paula created a few Fidget Lap Blankets for our residents to sit and enjoy. They were beautifully crafted and our residents have complimented on how bright and fun they are! Below is a picture 1 of the "Fidget Lap Blankets" :



Last month we celebrated Winter Carnival 2021 here at Willow Lodge. Each day had a theme, and many residents and staff got creative and dressed up to each theme. A lot of fun and laughter was had by everyone, and many more memories were created. The pre-primary were also over to spread their Winter Carnival cheer to our residents. This time visiting Lynwood outside in the snow. Many smiling faces all around. ❄️ ❄️ ❄️



At the end of the week we crowned 1 King and 1 Queen for the Winter Carnival 2021 King & Queen contest. The votes were SO close for all, but out came the winners! Congratulations were crowned to Queen Delia Black, & King Don Derry! Here you will find a picture of Willow Lodge's Year 2021



**KING & QUEEN**

# Care Partner News

"A very special lady spent her last day in laundry March 15, 2021! **Carol Tattrie** we will miss you dearly. But we are so excited for you to be able to move onto this next exciting chapter of your life: RETIREMENT!!! 🐻

Thank you for spending your last decade(+) with us here at Willow Lodge. We will forever reminisce about the laughs, the tears, and cherish the memories we have all made with you over the years.

Enjoy every moment of retirement! This is not "goodbye", but we will see you around!" ❤️

Special words said by a friend and co-worker, Kristen Horst. Hopefully these words reach to you Carol, and you know how much you made an imprint here at Willow Lodge, not just with your co-workers but also with the residents. Happy Retirement Carol Tattrie, now you have more time to spend with your wild furry friends in the forest! 😊



Melody Latta from the Kitchen, wanted to share exciting news to everyone. She is very proud to announce that her cousin Emily Latta will be competing in the Special Olympics in Russia, year 2024! Emily will be partaking in the Snow Shoeing competitions. Melody is very proud of her cousin, and is looking forward to cheering for Emily when the 2024 Russia Special Olympics is on the air!

Karli Boyd will be finishing up her time as Director of Recreation, as Julie Tattrie will be returning from her Maternity Leave at the beginning of April! Welcome back Julie, the residents & staff will be happy to have their musical & bubbly friend back to create more memories!

Karli wanted to thank everyone for being patient and so kind to her while she filled the role as Director of Recreation for the wild COVID year of 2021! What an interesting year it has been. But she is very grateful to have had the opportunity to make lasting memories with each resident and staff here at Willow Lodge. As she finishes up her role, she will be continuing on afterwards with us, to share many of her creative one on one therapeutic approaches with the residents!

*"The time has come the walrus said, to speak of many things. Of shoes and ships and ceiling wax, & cabbages and kings.. And why the sea is boiling hot, and whether pigs have wings!" - Alice & Wonderland*

Take good care everyone, & Happy **SPRING!!!** 🌞  
**Karli Boyd** - Final Willow Leaf as **Director of Recreation** 🐝



# Spring Word Scramble

WBNIAOR \_\_\_\_\_  
BLLAMURE \_\_\_\_\_  
WFLORE \_\_\_\_\_  
PLITU \_\_\_\_\_  
NERGE \_\_\_\_\_  
MLOBO \_\_\_\_\_  
PLRIA \_\_\_\_\_  
LFBTUTREY \_\_\_\_\_  
NIAR \_\_\_\_\_  
DREGNA \_\_\_\_\_  
EBE \_\_\_\_\_  
YMA \_\_\_\_\_  
GNRIPS \_\_\_\_\_  
HSSNIEUN \_\_\_\_\_  
YBNUN \_\_\_\_\_  
CAMHR \_\_\_\_\_  
EDES \_\_\_\_\_

